



# OCTOBER 2026

## Carver Middle High School

Free for all students  
Ala Carte Milk is .60 for all students.  
**Second Lunch is \$3.50**



**Monday**



**Hispanic Week October 5<sup>th</sup> – 9<sup>th</sup>**

**Tuesday**



**Wednesday**



**Thursday**

**Friday**

**Empanadas w/dipping Sauce** **5**  
**Roasted Street Corn**  
Or  
Yogurt Parfait w/homemade granola  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Beef Burrito Bowl w/ Spanish** **6**  
**Black beans & Corn**  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Mexican Pasta Bake** **7**  
Plain Pasta  
Broccoli  
or  
Turkey & Bacon Ranch Wrap  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Chicken Parmesan Sandwich** **1**  
served on a ww/roll  
Fresh steamed green beans  
or  
Buffalo Chicken dip, fresh fruit & vegetable Bento Box  
Fresh Garden Salad w/farm fresh eggs

**Cheese, Pepperoni or** **2**  
**Gluten Free Pizza**  
Honey Glazed Carrots  
Or  
Fish Sandwich  
Fresh Garden Salad  
Assorted Fresh & Cupped Fruit

**Tortilla Soup and** **8**  
**Grilled Cheese**  
Fresh Zucchini  
Or  
Buffalo Chicken dip, fresh fruit & vegetable Bento Box  
Fresh Garden Salad w/farm fresh eggs

**Delivered Pizza** **9**  
Cheese, Pepperoni or  
Gluten Free  
Peas & Carrots  
Or  
Baked haddock  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**No School** **12**  
**Columbus Day**

**Walking Taco** **13**  
Beef Tacos w/  
Lettuce, Tomato, Cheese & Salsa  
Chipotle Corn  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Day** **14**  
Macaroni & Cheese  
Roasted Broccoli  
Or  
Turkey & Bacon Ranch Wrap  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Build a Better Burger** **15**  
Beef Burger or Veggie Burger  
Lettuce, Tomato, Cheese & Pickles  
Waffle Fries  
Or  
Buffalo Chicken dip, fresh fruit & vegetable Bento Box  
Fresh Garden Salad w/farm fresh eggs

**Cheese, Pepperoni or** **16**  
**Gluten Free Pizza**  
Honey Glazed Carrots  
Or  
Fish Sandwich  
Fresh Garden Salad  
Assorted Fresh & Cupped Fruit

**Pulled Pork Sandwich** **19**  
**French Fries**  
Or  
Yogurt Parfait w/homemade granola  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Taco Tuesday** **20**  
Beef Nachos w/ Lettuce, Tomato,  
Creamy Cheese Sauce & Salsa  
Homemade black bean & corn salad Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Day** **21**  
Rotini w/choice of meat sauce or marinara  
Oven Roasted Broccoli  
Or  
Turkey & Bacon Ranch Wrap  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Early Release** **22**  
Assorted Cereal  
Or  
Uncrustable  
Assorted Fresh & Cupped Fruit

**French Bread Pizza** **23**  
Cheese, Pepperoni or  
Gluten Free  
Peas & Carrots  
Or  
Baked haddock  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Popcorn Chicken Bowl** **26**  
**Mashed Potatoes, Corn & Gravy**  
Or  
Yogurt Parfait w/homemade granola  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Chicken Fajitas** **27**  
Served with peppers & onions, shredded cheddar cheese, salsa and sour cream  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Day** **28**  
Chicken, Broccoli & Ziti  
Alfredo Sauce  
Or  
Turkey & Bacon Ranch Wrap  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Crispy Chicken Bacon** **29**  
**Ranch Sandwich**  
Fresh steamed Carrots  
or  
Buffalo Chicken dip, fresh fruit & vegetable Bento Box  
Fresh Garden Salad w/farm fresh eggs

**Cheese, Pepperoni or** **30**  
**Gluten Free Pizza**  
Honey Glazed Carrots  
Or  
Fish Sandwich  
Fresh Garden Salad  
Assorted Fresh & Cupped Fruit

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.  
Menus are subject to change upon availability of products.  
**This Institution is an equal opportunity provider.**

