

MAY 2024

Carver Middle High School



Tuesday



Penne w/choice of toppings

Roasted Broccoli, onions & carrots

Turkey, bacon & cheese ranch wrap

Caesar Salad

Assorted Fresh & Cupped Fruit

Pasta Day

Penne w/choice of toppings

Roasted Broccoli, onions & cauliflower

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Turkey, bacon & cheese ranch wrap

Caesar Salad

Assorted Fresh & Cupped Fruit

Pasta Day

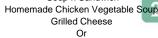
Penne w/choice of toppings

Roasted Broccoli, onions & carrots

Turkey, bacon & cheese ranch wrap

Caesar Salad





New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad

Assorted Fresh & Cupped Fruit

Rib Sandwich w/BBQ sauce Onion Rings Cucumber & Tomato Greek Salad Or

New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad

Assorted Fresh & Cupped Fruit

Assorted fresh & cupped fruit

Build a Better Burger
Lettuce, Tomato, Cheese & Pickles

Waffle Fries

Or

New Item!

Homemade hummus, pretzel, boiled egga

and fresh fruit and veggie sticks

Fresh Garden Salad

Turkey, Cheese & Bacon Panini

Homemade Pasta Salad w/ Pesto

New Item! Homemade hummus, pretzel, boiled egg

and fresh fruit and veggie sticks

Fresh Garden Salad

Assorted Fresh & Cupped Fruit

Breakfast Bar French toast or Pancakes Scrambled eggs Warm cinnamon apples Fresh garden salad

Hot Delivered Pizza Cheese, Pepperoni or

Friday

Early Release

Egg, Sausage & Cheese

Breakfast Sandwich

Or

Avocado Toast

Fresh & Cupped Fruits

Gluten Free Pizza Peas & Carrots

Crunchy Fish Taco w/pineapple salsa Fresh Garden Salad Assorted Fresh & Cupped Fruit

> Cheese, Pepperoni or Gluten Free Pizza Farm Fresh Veggie Sticks Baked haddock

Cheese, Pepperoni or Gluten Free Pizza

Fresh Garden Salad

Assorted Fresh & Cupped Fruit

Roasted summer squash & zucchini

Or

Crunchy Fish Sandwich Fresh Garden Salad Assorted Fresh & Cupped Fruit

> Cheese, Pepperoni or Gluten Free Pizza **Glazed Carrots**

Or

Crunchy Fish Sandwich Fresh Garden Salad Assorted Fresh & Cupped Fruit





Crunchy Chicken Filet on ww/ roll

Plain or Spicy

Lettuce, Tomato

Fruit parfait w/homemade granola

Fresh garden salad

Assorted fresh and cupped fruit

Teriyaki Chicken Noodle Bowl

Teriyaki Salmon Bowl

Fruit parfait w/homemade granola

Fresh garden salad

Assorted fresh and cupped fruit

Honey Garlic Chicken w/Asian

Stir Fried Rice & Medley Vegetable

Fruit parfait w/homemade granola

Fresh garden salad

Assorted fresh and cupped fruit

No School

Nacho Tuesday Beef Nachos w/ Lettuce, Tomato, Cheese & Salsa Corn w/fire roasted onions & peppers

> Or Homemade Pizza Lunchables Fresh garden salad Assorted fresh and cupped fruit

Taco Tuesday Beef Tacos w/ Lettuce, Tomato, Che

> Salsa Corn & Black bean salad \bigcap r

Homemade Pizza Lunchables Fresh garden salad Assorted fresh and cupped fruit

Walking Taco

Beef Tacos Lettuce, Tomato, Cheese & Salsa Chipotle Corn

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

Chicken Nuggets w/assorted) Dipping sauces

Rice. Fresh Green Beans Homemade Pizza Lunchables

Fresh Garden Salad Assorted Fresh & Cupped Fruit Pasta Day

Penne w/choice of' toppings Roasted Broccoli, onions & cauliflower

Turkey, bacon & cheese ranch wrap

Caesar Salad

Pasta Day

Penne w/choice of toppings Roasted Broccoli, onions & carrots

Turkey, bacon & cheese ranch wrap

Assorted Fresh & Cupped Fruit

Assorted Fresh & Cupped Fruit

Assorted Fresh & Cupped Fruit

Caesar Salad

Dairy Pure 1% milk, chocolate milk & Lactaid served daily. Menus are subject to change upon availability of products. This Institution is an equal opportunity provider.

