

Monday



Tuesday



Wednesday

Thursday



Friday

6
 Crunchy Chicken Filet on ww/ roll
 Plain or Spicy
 Lettuce, Tomato
 or
 Fruit parfait w/homemade granola
 Fresh garden salad
 Assorted fresh and cupped fruit

7
 Nacho Tuesday
 Beef Nachos w/ Lettuce, Tomato, Cheese & Salsa
 Corn w/fire roasted onions & peppers
 Or
 Homemade Pizza Lunchables
 Fresh garden salad
 Assorted fresh and cupped fruit

8
Pasta Day
 Penne w/choice of toppings
 Roasted Broccoli, onions & cauliflower
 Or
 Turkey, bacon & cheese ranch wrap
 Caesar Salad
 Assorted Fresh & Cupped Fruit

9
 Rib Sandwich w/BBQ sauce
 Onion Rings
 Cucumber & Tomato Greek Salad
 Or
New Item!
 Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

10
Early Release
 Egg, Sausage & Cheese
 Breakfast Sandwich
 Or
 Avocado Toast
 Fresh & Cupped Fruits

13
 Teriyaki Chicken Noodle Bowl
 Teriyaki Salmon Bowl
 Or
 Fruit parfait w/homemade granola
 Fresh garden salad
 Assorted fresh and cupped fruit

14
 Taco Tuesday
 Beef Tacos w/ Lettuce, Tomato, Cheese & Salsa
 Corn & Black bean salad
 Or
 Homemade Pizza Lunchables
 Fresh garden salad
 Assorted fresh and cupped fruit

15
Pasta Day
 Penne w/choice of toppings
 Roasted Broccoli, onions & carrots
 Or
 Turkey, bacon & cheese ranch wrap
 Caesar Salad
 Assorted Fresh & Cupped Fruit

16
 Breakfast Bar
 French toast or Pancakes
 Scrambled eggs
 Warm cinnamon apples
 Or
 Fresh garden salad
 Assorted fresh & cupped fruit

17
 Cheese, Pepperoni or
 Gluten Free Pizza
 Farm Fresh Veggie Sticks
 Or
 Baked haddock
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

20
 Honey Garlic Chicken w/Asian
 Stir Fried Rice & Medley Vegetable
 Or
 Fruit parfait w/homemade granola
 Fresh garden salad
 Assorted fresh and cupped fruit

21
 Walking Taco
 Beef Tacos
 Lettuce, Tomato, Cheese & Salsa
 Chipotle Corn
 Or
 Homemade Pizza Lunchables
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

22
Pasta Day
 Penne w/choice of toppings
 Roasted Broccoli, onions & cauliflower
 Or
 Turkey, bacon & cheese ranch wrap
 Caesar Salad
 Assorted Fresh & Cupped Fruit

23
Build a Better Burger
 Lettuce, Tomato, Cheese & Pickles
 Waffle Fries
 Or
New Item!
 Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
 Fresh Garden Salad

24
 Cheese, Pepperoni or
 Gluten Free Pizza
 Roasted summer squash & zucchini
 Or
 Crunchy Fish Sandwich
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

27
 No School

28
 Chicken Nuggets w/assorted
 Dipping sauces
 Rice, Fresh Green Beans
 Or
 Homemade Pizza Lunchables
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

29
Pasta Day
 Penne w/choice of toppings
 Roasted Broccoli, onions & carrots
 Or
 Turkey, bacon & cheese ranch wrap
 Caesar Salad
 Assorted Fresh & Cupped Fruit

30
 Turkey, Cheese & Bacon Panini
 Homemade Pasta Salad w/ Pesto
 Or
New Item!
 Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

31
 Cheese, Pepperoni or
 Gluten Free Pizza
 Glazed Carrots
 Or
 Crunchy Fish Sandwich
 Fresh Garden Salad
 Assorted Fresh & Cupped Fruit

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.
 Menus are subject to change upon availability of products.
This Institution is an equal opportunity provider.