

Monday
Tuesday
Wednesday
Thursday
Friday


6
Crunchy Chicken Filet on w/w/ roll
Plain or Spicy
Lettuce, Tomato
or
Fruit parfait w/homemade granola

Fresh garden salad
Assorted fresh and cupped fruit

7
Nacho Tuesday
Beef Nachos w/ Lettuce, Tomato, Cheese & Salsa
Corn w/fire roasted onions & peppers
Or
Homemade Pizza Lunchables
Fresh garden salad
Assorted fresh and cupped fruit

1
Pasta Day
Rotini w/choice of toppings
Roasted Broccoli, onions & carrots
Or
Turkey, bacon & cheese ranch wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

2
Soup n Sandwich
Homemade Chicken Vegetable Soup
Grilled Cheese
Or
New Item!
Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

3
Cheese, Pepperoni or
Gluten Free Pizza
Peas & Carrots
Or
Crunchy Fish Sandwich
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

13
Chicken or Beef Lo Mein
Roasted broccoli
Or
Fruit parfait w/homemade granola

Fresh garden salad
Assorted fresh and cupped fruit

14
Taco Tuesday
Beef Tacos w/ Lettuce, Tomato, Cheese & Salsa
Corn w/fire roasted onions & peppers
Or
Homemade Pizza Lunchables
Fresh garden salad
Assorted fresh and cupped fruit

8
Pasta Day
Rotini w/choice of toppings
Alfredo Sauce
Roasted Broccoli, onions & cauliflower
Or
Turkey, bacon & cheese ranch wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

9
Build a Better Burger
Lettuce, Tomato, Cheese & Pickles
Waffle Fries
Or
New Item!
Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

10
Cheese, Pepperoni or
Gluten Free Pizza
Farm Fresh Veggie Sticks
Or
Crunchy Fish Taco w/pineapple salsa
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

20
Chicken Tender Wrap w/
Assorted sauces
Or
Fruit parfait w/homemade granola

Fresh garden salad
Assorted fresh and cupped fruit

21
Walking Taco
Beef Tacos
Lettuce, Tomato, Cheese & Salsa
Chipotle Corn
Or
Homemade Pizza Lunchables
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

15
Pasta Day
Rotini w/choice of toppings
Fresh Italian Green Beans
Or
Turkey, bacon & cheese ranch wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

16
Breakfast Bar
French toast or Pancakes
Scrambled eggs
Warm cinnamon apples
Or
Avocado Toast
Fresh garden salad
Assorted fresh & cupped fruit

17
Hot Delivered Pizza
Cheese, Pepperoni or
Gluten Free Pizza
Glazed Carrots
Or
Baked Haddock
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

27
No School

28
Star Chicken Nuggets w/assorted
Dipping sauces
Rice, Corn
Or
Star Spangled Fruit & Yogurt Parfait
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

22
Pasta Day
Rotini w/choice of toppings
Alfredo Sauce
Roasted Broccoli, onions & cauliflower
Or
Turkey, bacon & cheese ranch wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

23
BBQ Rib Sandwich
Homemade coleslaw
Onion Rings
Or
New Item!
Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
Fresh Garden Salad

24
Early Release
Egg, Sausage & Cheese
Breakfast Sandwich
Or
Avocado Toast
Fresh & Cupped Fruits

29
Pasta Day
Rotini w/choice of toppings
Roasted Broccoli, onions & squash
Or
Turkey, bacon & cheese ranch wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

30
Hot Dogs
BBQ Baked Beans, Fries
Or
New Item!
Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

31
Cheese, Pepperoni or
Gluten Free Pizza
Farm Fresh Veggie Sticks
Or
Crunchy Fish Sandwich
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.
Menus are subject to change upon availability of products.
This Institution is an equal opportunity provider.