

# Carver Elementary School

# Monday



Crunchy Chicken Filet on ww/ roll
Plain or Spicy
Lettuce, Tomato
or
Fruit parfait w/homemade granola

Fresh garden salad Assorted fresh and cupped fruit

> Chicken or Beef Lo Mein Roasted broccoli Or

Fruit parfait w/homemade granola

Fresh garden salad Assorted fresh and cupped fruit

Chicken Tender Wrap w/ 20 Assorted sauces

Fruit parfait w/homemade granola

Fresh garden salad Assorted fresh and cupped fruit

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No School

# **Tuesday**



Nacho Tuesday
Beef Nachos w/ Lettuce, Tomato, Cheese
& Salsa
Corn w/fire roasted onions & peppers

Or Homemade Pizza Lunchables Fresh garden salad

Assorted fresh and cupped fruit

Taco Tuesday Beef Tacos w/ Lettuce, Tomato, Cheese & Salsa Corn w/fire roasted onions & peppers

> Homemade Pizza Lunchables Fresh garden salad Assorted fresh and cupped fruit

Walking Taco
Beef Tacos
Lettuce, Tomato, Cheese & Salsa
Chipotle Corn

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

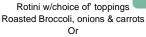
Star Chicken Nuggets w/assorted
Dipping sauces

Rice, Corn

Star Spangled Fruit & Yogurt Parfait Fresh Garden Salad Assorted Fresh & Cupped Fruit

# Wednesday

### Pasta Day



Turkey, bacon & cheese ranch wrap

Caesar Salad Assorted Fresh & Cupped Fruit

## Pasta Day

Rotini w/choice of toppings

Alfredo Sauce

Roasted Broccoli, onions & cauliflower

Turkey, bacon & cheese ranch wrap Caesar Salad Assorted Fresh & Cupped Fruit

## Pasta Day

Rotini w/choice of toppings Fresh Italian Green Beans Or Turkey, bacon & cheese ranch wrap

Caesar Salad Assorted Fresh & Cupped Fruit

## Pasta Day

Rotini w/choice of toppings

Alfredo Sauce
Roasted Broccoli, onions & cauliflower

Or
Turkey, bacon & cheese ranch wrap
Caesar Salad

Assorted Fresh & Cupped Fruit

## Pasta Day

Rotini w/choice of toppings
Roasted Broccoli, onions & squash
Or

Turkey, bacon & cheese ranch wrap

Caesar Salad Assorted Fresh & Cupped Fruit

## Thursday

### Soup n Sandwich

Homemade Chicken Vegetable Soup Grilled Cheese Or

#### New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad

Assorted Fresh & Cupped Fruit

#### Build a Better Burger

Lettuce, Tomato, Cheese & Pickles Waffle Fries

#### Or New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad

### Assorted Fresh & Cupped Fruit

Breakfast Bar
French toast or Pancakes
Scrambled eggs
Warm cinnamon apples
Or

Avocado Toast Fresh garden salad Assorted fresh & cupped fruit

### BBQ Rib Sandwich Homemade coleslaw

Onion Rings
Or

#### New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad

> Hot Dogs BBQ Baked Beans, Fries Or

#### New Item!

Homemade hummus, pretzel, boiled egg and fresh fruit and veggie sticks Fresh Garden Salad Assorted Fresh & Cupped Fruit

# Friday

Cheese, Pepperoni or Gluten Free Pizza

> Peas & Carrots Or

Crunchy Fish Sandwich
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

Cheese, Pepperoni or Gluten Free Pizza Farm Fresh Veggie Sticks

Or

Crunchy Fish Taco w/pineapple salsa Fresh Garden Salad Assorted Fresh & Cupped Fruit

> Hot Delivered Pizza Cheese, Pepperoni or Gluten Free Pizza Glazed Carrots

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Baked Haddock Fresh Garden Salad Assorted Fresh & Cupped Fruit

### Early Release

Egg, Sausage & Cheese Breakfast Sandwich

Or

Avocado Toast Fresh & Cupped Fruits

Cheese, Pepperoni or Gluten Free Pizza

Farm Fresh Veggie Sticks

Or

Crunchy Fish Sandwich Fresh Garden Salad Assorted Fresh & Cupped Fruit

Dairy Pure 1% milk, chocolate milk & Lactaid served daily. Menus are subject to change upon availability of products. This Institution is an equal opportunity provider.

