

MARCH 2024

Carver Middle High School

Monday

Tuesday





Homemade Tomato Basil Soup

W/grilled cheese Fruit Parfait w/homemade granola

Fresh garden salad w/farm fresh egg Assorted fresh and cupped fruit

Crunchy Chicken Filet on ww/ roll Plain or Spicy Lettuce. Tomato

Fruit Parfait w/homemade granola

Fresh garden salad w/farm fresh egg Assorted fresh and cupped fruit

Chicken Nuggets w/ assorted dipping sauces

Rainbow rice. Green beans

Fruit Parfait w/homemade granola

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

Chicken Parmesan Sandwich on www.roll Green Beans

Fruit Parfait w/homemade granola

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

Taco Tuesday Beef Tacos w/ Lettuce, Tomato, Cheese & Salsa Chipotle corn

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

Taco Tuesday Beef Taco w/ Lettuce, Tomato. Cheese & Salsa Homemade black bean & corn salad

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

> Nacho Tuesday Beef Nachos w/queso Lettuce, tomato & Salsa

> > Or

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

Walking Taco **Beef Tacos** Lettuce, Tomato, Cheese & Salsa Vegaie Sticks

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

Wednesday



Pasta Dav

Penne w/choice of toppings Roasted Broccoli, onions & carrots

Chicken & Bacon Ranch Wrap Caesar Salad Assorted Fresh & Cupped Fruit

Pasta Day

Penne w/choice of toppings Roasted Broccoli, onions & carrots

Chicken & Bacon Ranch Wrap

Caesar Salad Assorted Fresh & Cupped Fruit

Pasta Day

Penne w/choice of toppings Roasted Broccoli, onions & carrots

Chicken & Bacon Ranch Wrap

Caesar Salad Assorted Fresh & Cupped Fruit

Pasta Day

Penne w/choice of toppings Roasted Broccoli, onions & carrots

Chicken & Bacon Ranch Wrap

Caesar Salad Assorted Fresh & Cupped Fruit **Thursday**



Early Release Egg, Sausage & cheese Breakfast sandwich

Avocado Toast Assorted Fresh & cupped fruit

Build a Better Burger

Lettuce, Tomato, Cheese & Pickles Waffle Fries Or

Ham & cheese Pinwheels

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

> Steak and Cheese Sub Onions & Peppers Smiley Fries Or

Ham & cheese Pinwheels

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

> Popcorn Chicken Bowl Mashed Potatoes, Corn & gravy

Ham & cheese Pinwheels

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

Friday

Cheese, Pepperoni or Gluten Free Pizza Peas

Or

Teriyaki Glazed Salmon Fresh Garden Salad Assorted Fresh & Cupped Fruit

Hot Delivered Pizza

Cheese, Pepperoni or Gluten Free Pizza Honey glazed carrots

Baked fresh Haddock w/crunchy topping Fresh Garden Salad Assaulad Emails & Commad Email

> Cheese, Pepperoni or Gluten Free Pizza Cauliflower Bites

Or

Crunchy Fish Sandwich Fresh Garden Salad Assorted Fresh & Cupped Fruit

> Cheese, Pepperoni or Gluten Free Pizza Peas & Carrots

Honey garlic Salmon Fresh Garden Salad

Assorted Fresh & Cupped Fruit

No School

Dairy Pure 1% milk, chocolate milk & Lactaid served daily. Menus are subject to change upon availability of products. This Institution is an equal opportunity provider.

