

# Hearts for Hospice

Make valentine cards appropriate for adult patients. They don't have to be fancy - it's the thought that counts!



## **General Guidelines for the cards:**

Cards should be 5" X 7" or smaller.

No store bought cards please.

**No glitter** on cards for safety reasons.

No food attached to cards.

Do not place cards in envelopes for the patient's ease in opening them.

Use your sense of humor. Laughter can be the best medicine!

Avoid religious references to allow distribution to all of our diverse patient groups.

**Avoid "Get well soon!" messages....**

## **\*Include a message of hope and cheer\***

"I'm thinking of you" or "Hope you have a great day"!

“May this Valentine bring you loving thoughts and good wishes, Happy Valentine’s Day!”

On this Valentine’s Day know you are loved and appreciated by your community. Warm Wishes and Hugs from the Carver MHS Student Government Grades 6-8”

“Sometimes the smallest things take the most room in your heart.”  
Winnie the Pooh

"You are braver than you believe, stronger than you seem, and smarter than you think." Winnie the Pooh

Don’t underestimate the value of doing nothing, of just going along, listening to all the things you can’t hear, and not bothering.  
Winnie the Pooh

Happiness is a warm puppy! Lucy from the Peanuts

“Happiness is a state of mind. It's just according to the way you look at things.” Walt Disney



**Deadline for cards is**  
**February 24th!**

Please return completed cards to the red box  
located outside the MS Guidance office.



## Other Ways to Help

Create a list of additional messages of hope and cheerful quotes and share them with Mr. Wechter.

Donate unwanted card making arts and crafts supplies.

