



# JANUARY 2024

## Carver Middle High School

Free for all students  
Ala Carte Milk is .60 for all students.  
Second Lunch is \$3.50

### Monday

**No School**

### Tuesday

**Crunchy Chicken Filet on ww/roll**  
Plain or spicy  
Lettuce & Tomato  
Fresh Green Beans  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

### Wednesday

**Pasta Bar**  
Penne w/choice of toppings  
Oven Roasted Broccoli  
Or  
Chicken Caesar Salad Wrap  
Caesar Salad  
Assorted Fresh & Cupped Fruit

### Thursday

**Soup n Sandwich**  
Homemade Chicken & Vegetable Soup  
Grilled Cheese  
Or  
Asian Chicken Salad  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

### Friday

**Cheese, Pepperoni or Gluten Free Pizza**  
Vegetable Medley  
Or  
Crunchy Fish Sandwich  
Fresh Garden Salad  
Assorted Fresh & Cupped Fruit

**Meatball Sub w/marinara sauce**  
Fresh Veggie Sticks  
Or  
Fruit parfait w/homemade granola

**Fresh Garden Salad**  
Assorted Fresh & Cupped Fruit

**Beef Nachos**  
Lettuce, Tomato, Cheese & Salsa  
Homemade black bean & corn salad  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Bar**  
Penne w/choice of toppings  
Broccoli, onions & carrots  
Or  
Chicken Caesar Salad Wrap  
Caesar Salad  
Assorted Fresh & Cupped Fruit

**Teriyaki Chicken**  
Stir Fry Vegetable Rice  
Cucumber Salad  
Or  
Asian Chicken Salad  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Early Release**  
**Egg, Sausage & cheese**  
**Breakfast sandwich**  
Or  
**Avocado Toast**  
Assorted Fresh & cupped fruit

**No School**

**Beef Tacos**  
Lettuce, Tomato, Cheese & Salsa  
Chipotle Corn  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Day**  
Cheese Ravioli w/ garlic bread  
Oven Roasted Broccoli  
Or  
Chicken Caesar Salad Wrap  
Caesar Salad  
Assorted Fresh & Cupped Fruit

**Build A Better Burger**  
Lettuce, Tomato, Cheese, Pickles  
Oven Baked Fries  
Carrots  
Or  
Asian Chicken Salad  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Early Release**  
**No Lunch**  
**Grab n Go at dismissal**

**Chicken Fajitas**  
w/ onions & Peppers  
or  
Fruit parfait w/homemade granola  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Walking Taco**  
**Beef Tacos**  
Lettuce, Tomato, Cheese & Salsa  
Homemade black bean & corn salad  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad  
Assorted Fresh & Cupped Fruit

**Pasta Bar**  
Penne w/choice of toppings  
Broccoli, onions & carrots  
Or  
Chicken Caesar Salad Wrap  
Caesar Salad  
Assorted Fresh & Cupped Fruit

**Chicken nuggets w/assorted sauces**  
Rainbow rice, winter peas  
Or  
Asian Chicken Salad  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Cheese, Pepperoni or Gluten Free Pizza**  
Fresh Veggie Sticks  
Or  
Fish Tacos w/lettuce, tomato  
And mango salsa  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Next Level Grilled Cheese!**  
Teriyaki BBQ Beef Grilled Cheese  
Tator Tots, Peas  
Or  
Fruit parfait w/homemade granola  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Taco Tuesday**  
**Beef Tacos**  
Lettuce, Tomato, Cheese & Salsa  
Chipotle Corn  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**Pasta Bar**  
Penne w/choice of toppings  
Oven Roasted Broccoli  
Or  
Chicken Caesar Salad Wrap  
Caesar Salad  
Assorted Fresh & Cupped Fruit

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.  
Menus are subject to change upon availability of products.  
**This Institution is an equal opportunity provider.**



**PAY FOR MEALS ONLINE**  
MySchoolBucks.com