

# **FEBRUARY 2024**

Carver Elementary School

Free for all students Ala Carte Milk is .60 for all students. Second Lunch is \$3.50

# Monday

Lo Mein Noodles w/ BBQ teriyaki chicken

with mixed vegetables

Fruit & Yogurt parfaits

w/homemade granola

Fresh Garden Salad

Assorted Fresh & Cupped Fruit

Roasted Turkey

Mashed Potatoes, corn

Cranberry sauce

Fruit & Yogurt parfaits

w/homemade granola

Fresh Garden Salad

Assorted Fresh & Cupped Fruit

# **Tuesday**

Crunchy Chicken Patty

Plain or spicy

Oven Baked Fries

Homemade Pizza Lunchables

Fresh Garden Salad w/farm fresh eggs

Assorted Fresh & Cupped Fruit

Taco Tuesday

Beef Tacos w/ Lettuce, Tomato,

Cheese & Salsa

Homemade black bean & corn salad

Homemade Pizza Lunchables

Fresh Garden Salad

Assorted Fresh & Cupped Fruit

## Wednesday

**Early Release** 

Egg, Sausage & Cheese Breakfast

Sandwich

Or

Avocado Toast w/turkey bacon

Assorted Fresh & Cupped Fruit

Heart Shaped Chicken Nuggets

Rainbow rice.

Broccoli, onions & cauliflower

Chicken Caesar Salad Wrap

Caesar Salad

Assorted Fresh & Cupped Fruit

## Thursday

# Build a Better Burger

Lettuce, Tomato, Cheese & Pickles Sampler of Loaded Waffle Fries (cheese sauce, turkey bacon) Or

Fruit cup w/yogurt & granola

Fresh Garden Salad w/farm fresh eggs

Cheesy Breadsticks w/marinara Peas & Carrots

Or

Fruit cup w/yogurt & granola

Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

### Soup and Sandwich Homemade Roasted red pepper & tomato soup

Grilled Cheese Sandwich

Fruit cup w/yogurt & granola Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit

### **Friday**

Cheese, Pepperoni or Gluten Free Pizza Peas & Carrots

Or

Crunchy Fish Sandwich Fresh Garden Salad Assorted Fresh & Cupped Fruit

Chinese New Year

Teriyaki beef

Seasoned rice, Roasted Broccoli w/red

roasted peppers

Fortune cookie, pineapple

Teriyaki Salmon

Fresh Garden Salad

## Assorted Fresh & Cupped Fruit Hot Delivered Pizza

Cheese, Pepperoni or Gluten Free Pizza

Honey glazed carrots

Baked Fish w/crunchy topping Fresh Garden Salad

Assorted Fresh & Cupped Fruit

#### No School

#### No School

#### No School

### No School

### No School

Soup and Sandwich Homemade Vegetable Soup Turkey or Ham on Toasted Croissant w/cheese

Fruit & Yogurt parfaits w/homemade granola Fresh Garden Salad Assorted Fresh & Cupped Fruit

NachoTuesday Beef Nachos w/ Lettuce, Tomato, Cheese & Salsa Seasoned Corn Or

Homemade Pizza Lunchables Fresh Garden Salad Assorted Fresh & Cupped Fruit

### Pasta Day

Buttered Noodles w/grilled chicken Alredo Sauce Roasted broccoli, onions and carrots

Chicken Caesar Salad Wrap Caesar Salad Assorted Fresh & Cupped Fruit

### **Breakfast Bar**

French Toast Sticks or Pancake Sausage w/baked pears

Fruit cup w/yogurt & granola Fresh Garden Salad w/farm fresh eggs Assorted Fresh & Cupped Fruit



Dairy Pure 1% milk, chocolate milk & Lactaid served daily. Menus are subject to change upon availability of products. This Institution is an equal opportunity provider.

