



DECEMBER 2023

Carver Middle High School

Free for all students
Ala Carte Milk is .60 for all students.
Second Lunch is \$3.50



Monday

Tuesday

Wednesday

Thursday

Friday



Beef Tacos
Lettuce, Tomato, Cheese & Salsa
Homemade black bean & corn salad
Or
Fruit parfait w/homemade granola
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

4

Popcorn Chicken Bowl
Mashed potatoes, corn
Oven Baked Biscuit
Or
Homemade Pizza Lunchables
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

5

Pasta Bar
Penne w/choice of toppings
Oven Roasted Broccoli
Or
Chicken Caesar Salad Wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

6

Crunchy Chicken Filet on ww/roll
Plain or spicy
Tri color pepper strips
Lettuce & Tomato
Or
Chicken & Bacon Ranch Wrap
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

7

Cheese, Pepperoni or
Gluten Free Pizza
Peas & Carrots
Or
Crunchy Fish Sandwich
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

1

Breakfast Bar
French Toast Sticks or Pancakes
Scrambled eggs
Warm Cinnamon Apples
Or
Fruit parfait w/homemade granola
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

11

Soup n Sandwich
Homemade Chicken & Vegetable Soup
Grilled Cheese
Or
Homemade Pizza Lunchables
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

12

Pasta Bar
Penne w/choice of toppings
Oven Roasted Broccoli
Or
Chicken Caesar Salad Wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

13

Orange Chicken
Stir Fry Vegetable Rice
Cucumber Salad
Or
Asian Chicken Salad

Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

14

Hot Delivered Pizza
Cheese, Pepperoni or
Gluten Free Pizza
Farm Fresh Veggi Sticks
Or
Fresh Baked Haddock
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

15

Build A Better Burger
Lettuce, Tomato, Cheese, Pickles
Oven Baked Fries
Carrots
Or
Fruit parfait w/homemade granola
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

18

Walking Taco
Beef Tacos
Lettuce, Tomato, Cheese & Salsa
Chipotle Corn
Or
Homemade Pizza Lunchables
Fresh Garden Salad
Assorted Fresh & Cupped Fruit

19

Pasta Bar
Penne w/choice of toppings
Oven Roasted Broccoli
Or
Chicken Caesar Salad Wrap

Caesar Salad
Assorted Fresh & Cupped Fruit

20

Turkey & bacon on ciabatta
Smiley Fries, Green Beans
Or
Charcuterie Lunchable

Fresh Garden Salad
Assorted Fresh & Cupped Fruit

21

Early Release
Egg, Sausage & Cheese Breakfast
Sandwich
Or
Avocado Toast w/turkey bacon
Assorted Fresh & Cupped Fruit

22

No School

25

No School

26

No School

27

No School

28

No School

29

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.
Menus are subject to change upon availability of products.
This Institution is an equal opportunity provider.



PAY FOR MEALS ONLINE
MySchoolBucks.com