



# SEPTEMBER 2023

Carver Elementary School

Free for all students  
Ala Carte Milk is .60 for all students.  
**Second Lunch is \$3.50**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**No School**

**4**

**Crunchy Chicken** Filet on ww/roll  
Plain, Barbecue or Spicy  
Seasoned fresh green beans  
Lettuce & Tomato  
Or  
Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**5**

**Back to School "Cook-out"**  
Choice of Hamburger or Hot Dog  
W/cheese & asst. toppings  
Creamy Coleslaw, Watermelon

Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**8/30**

**Pasta Bar**

**6**

Rotini Pasta w/choice of toppings  
Roasted Broccoli & Cauliflower  
Or  
Turkey & Bacon Ranch Wrap w/cheese  
  
Caesar Salad  
Assorted Fresh & Cupped Fruit

Cheese or Pepperoni Pizza  
Farm Fresh Veggie Sticks  
Or  
Fish Sandwich w/tartar sauce  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**8/31**

**No School**

**1**

Cheese or Pepperoni Pizza  
Gluten Free Pizza  
Side Garden Salad w/ranch dressing  
Or  
Crunchy fish sandwich w/homemade slaw  
  
Assorted Fresh & Cupped Fruit

**8**

ABC-123 Chicken Nuggets  
w/ assorted dipping sauces  
mashed potatoes, corn  
or  
Fruit parfait w/homemade granola  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**11**

**Taco Tuesday**  
Beef Tacos  
Lettuce, Tomato, Cheese & Salsa  
Homemade black bean & corn salad  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**12**

**Pasta Bar**  
Penne w/choice of toppings  
Roasted Broccoli, Onions & Carrots  
Or  
Turkey & Bacon Ranch Wrap w/cheese  
  
Caesar Salad  
Assorted Fresh & Cupped Fruit

**13**

**Breakfast Bar**  
French Toast Sticks or Pancakes  
Sausage  
Warm Cinnamon Apples  
Or  
Avocado Toast w/turkey bacon  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**14**

Cheese or Pepperoni Pizza  
Gluten Free Pizza  
Side Garden Salad w/ranch dressing  
Or  
Crunchy fish sandwich w/homemade slaw  
  
Assorted Fresh & Cupped Fruit

**15**

Meatball subs w/marinara sauce  
Carrot sticks w/ranch dressing  
Or  
Fruit parfait w/homemade granola  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**18**

**Nacho Tuesday**  
Beef Tacos  
Lettuce, Tomato, Cheese & Salsa  
Chipotle Seasoned Corn  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**19**

**Pasta Day**  
Buttered noodles w/grilled chicken  
Homemade Alfredo Sauce  
Warm garlic breadstick  
Oven Roasted Broccoli  
Or  
Turkey & Bacon Ranch Wrap w/cheese  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**20**

**Soup n Sandwich**  
Cheryl's homemade chicken vegetable  
Grilled Cheese sandwich  
Farm fresh green beans  
Or  
Asian Noodle Chicken Salad  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**21**

Cheese or Pepperoni Pizza  
Gluten Free Pizza  
Side Garden Salad w/ranch dressing  
Or  
Crunchy fish sandwich w/homemade slaw  
  
Assorted Fresh & Cupped Fruit

**22**

**Build A Better Burger**  
Lettuce, Tomato, Cheese, Pickles  
Oven Baked Fries  
Baked Beans  
Or  
Fruit parfait w/homemade granola  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**25**

**The Walking Taco**  
Beef Tacos w/Lettuce, Tomato, Cheese & Salsa  
Homemade black bean & corn salad  
Or  
Homemade Pizza Lunchables  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**26**

**Early Release Lunch**  
Assorted Cereals w/cheese stick  
Or  
Uncrustables  
  
Assorted Fresh & Cupped Fruit

**27**

Chicken Burrito Wrap w/Spanish rice  
Lettuce, tomato, cheese  
Zucchini & Summer Squash  
Or  
Asian Noodle Chicken Salad  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**28**

Cheesy Bread sticks w/marinara sauce  
Fresh garden green beans  
Or  
Crunchy Fish Tacos w/ mango salsa  
  
Fresh Garden Salad w/farm fresh eggs  
Assorted Fresh & Cupped Fruit

**29**

Dairy Pure 1% milk, chocolate & Lactaid served daily.  
Menus are subject to change upon availability of products.  
This Institution is an equal opportunity provider and employer.

