



Carver Middle High School

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Routine Health & Screenings

Physical Exams

Updated physicals for returning students are required every 3 years, though it is recommended you share a copy of your student's wellness exam with the School Nurse annually to ensure continuity of care.

Students new to CMHS are required to submit documentation of a recent physical exam as part of the registration process.

Physicals submitted to qualify for competitive sports are valid for 13 months from the date of the exam.

Screenings

Massachusetts Law requires that health screenings be done in all public schools each year.

The following state-mandated screenings are done annually at Carver Middle High School:

Body Mass Index: Grades 7 & 10

Hearing: Grades 7 & 10

Postural: Grades 6-9

SBIRT*: Grades 7 & 9

Vision: Grades 7 & 10

*For more information about SBIRT, please visit the Screening, Brief Intervention, and Referral to Treatment [information page](#).

If you choose to opt-out of any screening, you must notify the school nurse in writing. Screenings may begin early in the school year and will continue until completed.