

Monday

Tuesday

Wednesday

Thursday

Friday



Build A Better Burger **7**
Lettuce, Tomato, Cheese, Pickles
Onion Rings
Carrots
Or
Yogurt Parfait
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Breakfast Bar **14**
French Toast Sticks or Pancakes
Scrambled Eggs
Warm Cinnamon Apples
Or
Yogurt parfait
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Soup n Sandwich **21**
Grilled Cheese
Rich & Creamy Tomato Soup
Or
Yogurt Parfait
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Chicken Nuggets w/dipping sauces **28**
Rainbow Rice, Peas
Or
Yogurt Parfait
Fresh Garden Salad w/ farm fresh eggs
Assorted Fresh & Cupped Fruit

Teriyaki Chicken Stir-fry w/ Carrots, peppers, broccoli **1**
Rice
Or
Bagel Lunch w/yogurt & cheese
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

No School **8**

Nacho Tuesday **15**
Turkey Nachos
Lettuce, Tomato, Cheese & Salsa
Chipotle Corn
Or
Bagel Lunch w/yogurt & cheese
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Taco Tuesday **22**
Beef Tacos
Lettuce, Tomato, Cheese & Salsa
Black Beans & Corn
Or
Bagel Lunch w/yogurt & cheese
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Steak n Cheese Sub **29**
Baked Fries
Or
Bagel Lunch w/yogurt & cheese
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Pasta Bar **2**
Penne w/choice of toppings
Roasted Broccoli
Or
Chicken Caesar Salad Wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

Chicken Parmesan Sliders **9**
Roasted Broccoli
Or
Chicken Caesar Salad Wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

Pasta Bar **16**
Penne w/choice of toppings
Roasted Broccoli
Or
Chicken Caesar Salad Wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

Early Release **23**
Egg, Cheese & Sausage
On a flaky croissant
Or
Avacado Toast
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Pasta Day **30**
Macaroni & Cheese
Roasted Broccoli
Or
Chicken Caesar Salad Wrap
Caesar Salad
Assorted Fresh & Cupped Fruit

"Sub Your Way" **3**
Turkey, Ham or Tuna
W/lettuce, tomato, or cheese
Apple Cabbage Slaw
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

Thanksgiving Lunch **10**
Roasted Turkey, gravy
Mashed Potatoes & Green Beans
Apple crisp w/Decas Cranberries made by Culinary Students
Or
Celery Sticks w/hummus and pita
Fresh Garden Salad w/farm fresh eggs

Crunchy Chicken Filet on w/roll **17**
Plain or spicy
Lettuce & Tomato
Chic Pea Salad
Or
Celery Sticks w/hummus and pita
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

No School **24**

Hot Delivered Pizza **4**
Cheese,
Pepperoni & Gluten Free
Farm Fresh Veggie Sticks
Or
Fish Sandwich
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

No School **11**

Stuffed Crust Cheese or Pepperoni Pizza **18**
Peas
Or
Crunchy Fish Sandwich
Fresh Garden Salad w/farm fresh eggs
Assorted Fresh & Cupped Fruit

No School **25**



Due to a nationwide shortage of products and deliveries, menus may be subject to change without notice

Dairy Pure 1% milk, chocolate & Lactaid served daily.
Menus are subject to change upon availability of products.
This Institution is an equal opportunity provider