



# Help Our Troops



Carver Middle High School Students (Grades 6-12) will be donating and assembling care packages for our U.S. troops during the month of December.

**Donations can be brought into Your Period 1 Class  
Monday, December 13 - Monday, December 20**

## Items to Donate / Include Within The Care Packages

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| <p><u>CANDY</u></p> <ul style="list-style-type: none"> <li>• Candy (heat resistant)</li> <li>• Fruit Breezes (throat drops)</li> <li>• Twizzlers</li> </ul> <p><u>CORRESPONDENCE</u></p> <ul style="list-style-type: none"> <li>• Writing Paper and Envelopes</li> <li>• Pens/Pencils</li> </ul> <p><u>DENTAL</u></p> <ul style="list-style-type: none"> <li>• Toothbrushes</li> <li>• Toothpaste</li> <li>• Floss</li> <li>• Mouthwash</li> </ul> | <p><u>FOOD (including dry goods, snacks)</u></p> <ul style="list-style-type: none"> <li>• Oatmeal (instant)</li> <li>• Ramen Noodles-any flavor</li> <li>• Bars (Clif or Balance)</li> <li>• Beef Jerky or SlimJims</li> <li>• Granola Bars</li> <li>• Individual Crackers or Cookies</li> <li>• Canned Fruit (pop top cans)</li> <li>• Gum</li> <li>• Sugar packets</li> <li>• Ravioli (pop top cans)</li> </ul> <p><u>DRINKS</u></p> <ul style="list-style-type: none"> <li>• Coffee (instant)</li> <li>• Coffee Creamer</li> <li>• Individual Size Drink</li> </ul> | <p><u>TOILETRIES / HYGIENE</u></p> <ul style="list-style-type: none"> <li>• Baby Wipes</li> <li>• Feminine Hygiene Products (for female soldiers)</li> <li>• Travel size body wash</li> <li>• Deodorant</li> <li>• Foot Powder</li> <li>• Hand Lotion</li> <li>• Q-Tips</li> <li>• Razors (disposable)</li> <li>• Shampoo</li> <li>• Sunscreen</li> <li>• Tylenol (individual packets)</li> </ul> | <p><u>ENTERTAINMENT</u></p> <ul style="list-style-type: none"> <li>• Playing Cards</li> <li>• Crossword Puzzles</li> <li>• Handheld electronic games</li> <li>• Sudoku books</li> </ul> <p><u>OTHER</u></p> <ul style="list-style-type: none"> <li>• Batteries</li> <li>• Bug Spray (in zip-lock bag)</li> <li>• Duct Tape</li> <li>• Flashlights (mini/mag, extra bulbs, lots of batteries)</li> <li>• Fans (battery powered – small)</li> <li>• Fly Strips / Swatters</li> <li>• Socks (cushioned white calf high)</li> </ul> |
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**\*\*Sophomores, Juniors and Seniors can earn  
Community Service Hours\*\***

**Earn 1 Hour per 3 items donated listed above -  
Maximum of 3 hours you can earn**



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