
Health and Safety Protocols

— Fall 2021 —

Stay Home When Sick/COVID-19 Symptoms

- **Key Message - Stay Home When Sick**
- **Unvaccinated individuals** presenting with the COVID-19 symptoms should stay home and can not return to school until they:
 1. Have a negative PCR or rapid COVID-19 test
 2. Have improvement of symptoms
 3. Have been fever free for 24 hours without medication

COVID-19 Symptoms

- **FEVER (100 Or ABOVE)**
- **DIFFICULTY BREATHING**
- **NEW LOSS OF TASTE OR SMELL**
- **MUSCLE ACHES OR BODY ACHES**

When in Combination with other symptoms on the list

- Cough
- Sore throat
- Nausea
- Headache
- Fatigue
- Nasal congestions/runny nose

Stay Home When Sick/COVID-19 Symptoms

- **Key Message - Stay Home When Sick**
- **Vaccinated individual** presenting with the COVID-19 symptoms should stay home and can not return to school until they:
 1. Have improvement of symptoms

Unless they have one of the bolded symptoms then they have to follow the same protocol as unvaccinated individuals

COVID-19 Symptoms

- **FEVER (100 Or ABOVE)**
- **DIFFICULTY BREATHING**
- **NEW LOSS OF TASTE OR SMELL**
- **MUSCLE ACHES OR BODY ACHES**

When in Combination with other symptoms on the list

- Cough
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Individual who Tests Positive for COVID-19

- Self isolation for a minimum of 10 days
- Return to school is based on time and symptom resolution
Repeat testing is not required or recommended to return
- After 10 days you can return to school provided:
 - Fever free for 24 hours
 - Experienced improvement in symptoms
 - Return to school is based on time and symptom resolution. Repeat testing is not required or recommended to return

Close Contact Protocols

- Close contact: anyone who has been with in 6 feet of a person for more than 15 cumulative minutes **while indoors** during the positive person's infectious period (*48 hours from the time of the person beginning to feel ill or testing positive*)

Close Contacts Exempt from Testing and Quarantine Protocols

1. Asymptomatic, fully vaccinated individuals
2. Classroom Close Contacts: An individual who is exposed to a COVID-19 positive individual in the classroom while **both** individuals were masked as long as desks are spaced at least 3 feet apart
3. No Close Contacts on the bus because students are required to wear a mask on the bus
4. Close contacts who have had COVID-19 within the past 90 days

Close Contacts

Where Can it Happen

- Athletics - when inside
- In the Hallway - Small Exposure
- Lunch
- Gym
- In General - Non-Classroom Spaces

Close Contact Option 1: Test and Stay

Duration - 7 Days from Exposure to the positive individual

Return to School - Can remain in school as long as:

- Asymptomatic
- Wear a mask at all times
- Take a rapid test in the nurse's office daily and test negative
- Self-monitor symptoms for 14 days

Close Contact Option: 2/3

OPTION 2

Duration - Quarantine for 7 days from the date of exposure

Return to School - Return to school on day 8 as long as:

- Asymptomatic
- Received a negative rapid or PCR test on day 5 or later after exposure
- Self-monitor for 14 days

OPTION 3

Duration - Quarantine for 10 days from the date of exposure (No testing required)

Return to School - Return to school on day 11 as long as:

- Asymptomatic
- Self-monitor for 14 days

Social Distancing



- Guidance is to do the best you can to maintain 3 feet in classrooms and cafeteria
- In most classrooms we will be 3 feet or more
- Keep desks in classrooms at the Elementary Level
- Maintain desks in Elementary Cafeteria facing forward 6 feet apart
- Return to tables in MHS Cafeteria
- Keep Assigned Seating in Cafeterias

Social Distancing/Health and Safety



- No Lockers at the MHS
- Monitor Bathroom Usage
- Maintain one-way stairways at MHS
- Hand Sanitizer stations set-up throughout the buildings
- Wipes will be widely available for teachers

Symptomatic Testing - Pool Testing

- We will continue optional testing of symptomatic students during the school day
- We will implement test and stay as needed
- Weekly Pool Testing for Staff
- Survey Parents about Pool Testing for Students

Parent Forums to Review COVID-19 Protocols

MIDDLE HIGH SCHOOL

→ **Thursday, September 2nd at 6:00 pm**

ELEMENTARY SCHOOL

→ **Wednesday, September 1st or Thursday, September 2nd at 5:00 pm**