

Monday

Tuesday

Wednesday

Thursday

Friday

Crunchy Chicken Filet on WW roll
Lettuce & Tomato
Spring Peas
Or
Yogurt Parfait, Pretzel

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Early Release
Grab n Go Bags
Uncrustable
Or
Grilled Cheese (Heat at home)
Assort Fruit & vegetables
Milk

Turkey Panini
Lettuce & tomato
Or
Buffalo Chicken Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Stuffed Crust Cheese or Pepperoni Pizza
Farm Fresh Veggie Sticks
w/ranch dressing
Or
Chicken, Bacon & Ranch Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Chicken Nuggets w/dipping sauces
Baked Fries, Steamed Broccoli
Or
Bagel Lunch w/yogurt

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Soup n Sandwich
Grilled Cheese w/
Homemade soup
Cucumber Wheels
w/Ranch Dressing
Or
Pizza "Lunchables"

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Chicken Fajitas
Onion, Peppers & Cheese
Or
Chicken Salad Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit]

Ham & Cheese Sandwich
On Goldfish bread
Coleslaw
Or
Grilled Cheese

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit]

Cheesy Bread Sticks
w/marinara sauce
Celery Sticks
Or
Chicken, Bacon & Ranch Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Turkey & Cheese Sub
Lettuce, Tomato & Pickles
Or
Bagel Lunch w/yogurt

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Brunch Bar
Choice of Pancakes or
French Toast Sticks
Turkey Sausage, Eggs
Or
Ham & Cheese Roll-ups

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Hot Dog on a WW Bun
Boston Baked Beans
Or
Chicken Caesar Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Stuffed Crust Cheese or Pepperoni Pizza
Farm Fresh Veggie Sticks
w/ranch dressing
Or
Chicken, Bacon & Ranch Wrap

Fresh Garden Salad served w/ every meal
Assorted Fresh & Cupped Fruit

Early Release
Grab n Go Bags
Uncrustable
Or
Turkey & Cheese Hoagie
Assort Fruit & vegetables
Milk

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22

23

24

25

28

29

30

Dairy Pure 1% milk, chocolate milk & Lactaid served daily.
Menus are subject to change upon availability of products.
The USDA is an equal opportunity provider and employer

