

BREAKFAST

OCTOBER 2020

Carver Elementary School

Eat Better, Eat Together Month

Free for all students
Ala Carte Milk is .60 for all students

Monday

Build A Parfait 5
Yogurt, Fruit & Granola
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

No School 12

Build A Parfait 19
Yogurt, Fruit & Granola
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

French Toast Sticks 26
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Tuesday

Chocolate Chip Muffin 6
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Egg, Ham & Cheese Breakfast Sandwich 13
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Blueberry Muffin 20
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Corn Muffin w/yogurt 27
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Wednesday

Curb Side Pick Up at CES 7
11:30-12:30
Monday & Wednesday
CESMeals@Carver.org
MHSMeals@Carver.org

Curb Side Pick Up at CES 4
11:30-12:30
Monday & Wednesday
CESMeals@Carver.org
MHSMeals@Carver.org

Curb Side Pick Up at CES 1
11:30-12:30
Monday & Wednesday
CESMeals@Carver.org
MHSMeals@Carver.org

Curb Side Pick Up at CES 8
11:30-12:30
Monday & Wednesday
CESMeals@Carver.org
MHSMeals@Carver.org

Thursday

Egg & Cheese Breakfast Sandwich
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Build A Parfait 8
Yogurt, Fruit & Granola
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Pancakes w/syrup 15
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Build A Parfait 22
Yogurt, Fruit & Granola
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

French Toast Sticks 29
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Friday

French Toast Sticks 2
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

No School 9

Egg, Ham & Cheese Breakfast Sandwich 16
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Blueberry Muffin 23
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Corn Muffin w/yogurt 30
Or
Assorted Cereals
Fresh or cupped Fruit
Milk & Juice

Dairy Pure 1% milk & Lactaid served daily.
Menus are subject to change upon availability of products.
The USDA is an equal opportunity provider and employer.

