

MARCH 2019

Carver Middle/High School

Lunch Costs \$2.75 – Premium Meals cost \$4.25
 Ala Carte Milk is \$.60 Snacks & Water \$1.00
 All meals include a vegetable & fruits of the day –&
 a choice of milk

Monday

Tuesday

Wednesday

Thursday

Friday

4
 Crispy Chicken Patty on a bun
 Plain or Spicy
 Lettuce & Tomato
 Celery Sticks w/dip
 PREMIUM WRAP - Buffalo Chicken Wrap

5
 Taco Tuesday
 Seasoned Beef / Cheese
 Lettuce & Tomato
 Crispy Corn / Salsa
 Chilled Pears & Peaches
 PREMIUM WRAP - Buffalo Chicken Wrap

6
 Cheese & Bacon Burger
 On a Bun
 Oven Baked "Fries"
 BBQ Baked Beans
 Carrot Sticks w/dip
 PREMIUM TUNA SALAD SUB

7
 IN-SERVICE
 NO LUNCHES SERVED
 PARENT/TEACHER
 CONFERENCES

1
 SAL'S PIZZA DAY
 Carrot Sticks
 Chilled Mixed Fruit
 PREMIUM SALAD OR WRAP
 ASSORTMENT

11
 Chicken Nuggets
 Tator Tots
 Carrot Coins
 Chilled Peaches
 PREMIUM SALAD - Caesar

12
 Nacho Supreme
 Beef & Cheese
 Lettuce & Tomato
 Sweet Corn / Salsa
 Strawberry Cup
 PREMIUM SALAD - Caesar

13
 PAPA GINO'S DAY
 Cheese or Roni
 Garden Salad w/dressings
 Fresh Apple
 PREMIUM WRAP – Turkey Bacon/Ranch

14
 Chicken Parmesan Dinner
 Chicken Filet w/sauce & mozzarella
 Steamed Green Beans
 Garlic Flat Bread
 Chilled Pears
 PREMIUM WRAP – Turkey Bacon/Ranch

8
 SLICED PIZZA
 Cheese or Pepperoni
 Garden Salad
 OR
 FISH SANDWICH ON A BULKIE
 PREMIUM SALAD – TUNA CUP

15
 Cheesy Pizza Sticks
 Marinara Sauce for dipping
 Buffalo Roasted Garbanzo Beans
 Assorted Fruits
 PREMIUM SALAD OR WRAP
 ASSORTMENT

18
 Rodeo Burger
 Beef Patty w/onion rings
 Bacon & Cheddar cheese
 Diced Carrots
 Chilled Mixed Fruit
 PREMIUM SANDWICH –
 Pastrami & Swiss on Rye

19
 General Tso's Orange Chicken
 "Fried" Rice
 Steamed Broccoli
 Pineapple Tidbits
 PREMIUM SANDWICH –
 Pastrami & Swiss on Rye

20
 Crispy Chicken Patty on a bun
 Plain or Spicy
 Lettuce & Tomato
 Celery Sticks w/dip
 PREMIUM SALAD - Greek

21
 Shepard's Pie
 Seasoned Beef layered with
 Mashed Potato, Sweet Corn & Gravy
 Apple Crisp w/topping
 PREMIUM SALAD - Greek

22
 SAL'S PIZZA DAY
 Cheese or Sausage
 Garden Salad
 Chilled Mixed Fruit
 PREMIUM SALAD OR WRAP
 ASSORTMENT or TUNA

25
 Meatball Subs
 Parmesan Cheese
 Green Beans
 Chilled Cinnamon Applesauce
 PREMIUM WRAP – Italian Deli Meats

26
 Chicken Burrito Bowl
 Seasoned Chicken & Rice
 Black Beans / lettuce & tomato
 Fresh Orange Wedges
 PREMIUM WRAP – Italian Deli Meats

27
 PAPA GINO'S DAY
 Cheese or Roni
 Spinach Salad
 Fresh Apple
 PREMIUM SALAD – Chicken Teriyaki

28
 Chicken Tender Sub
 Plain or Buffalo
 Baby Carrots
 Smiley Fries
 Strawberry Cup
 PREMIUM SALAD – Chicken Teriyaki

29
 Grilled Cheese Sub
 Cup of Tomato Soup
 Oyster Crackers
 Assorted Fruits
 PREMIUM SALAD OR WRAP
 ASSORTMENT or TUNA

Garelick Farms *Tru-Moo* Chocolate low fat and *Dairy Pure* 1% white milk are non-GMO and Antibiotic Free
 Smucker's *Uncrustables* and Salad Bowl Meals include a cheese stick, fruit and vegetable of the day and choice of milk
 For best nutrition and value take everything!