

FEBRUARY 2019

CARVER MIDDLE/HIGH SCHOOL

Lunch costs \$2.75 – Premium Meals cost \$4.25
 Ala carte milk is .60
 All meals include vegetable of the day – Fruit
 Choice of Milk
 For best nutrition and value take everything!

Monday

Tuesday

Wednesday

Thursday

Friday



4
General Tso's Orange Chicken Bowl
 "Fried" Rice / Steamed Broccoli
 Topped with Orange Blossom Chicken
 Pineapple Tidbits
 Premium Salad – Chicken Teriyaki Asian Salad

5
In-Service
 No Lunches

6
PAPA GINO'S
 Cheese or Pepperoni
 Gluten Free Cheese Available
 Spinach Salad
 Fresh Apple
 Premium Salad – Chicken Teriyaki Asian Salad

7
TACO THURSDAY
 Seasoned Beef / Cheese
 Lettuce & Tomato
 Crispy Corn / Salsa
 Chilled Peaches
 Premium Wrap – Turkey Bacon Ranch Wrap

1
SAL'S PIZZA DAY
 Cheese or Bacon Topping
 House made Salad w/dressings
 Chilled Fruit Cup
 Premium Salad or Wrap

11
MEATBALL SUB
 Italian Style Meatballs in a Roll
 Steamed Green Beans
 Parmesan Cheese
 Chilled Fruit Cup
 Premium Salad - Greek

12
CHICKEN FAJITA
 Spanish Rice
 Crispy Corn / Salsa
 Orange Wedges
 Premium Salad - Greek

13
GRILLED CHEESE
 With bowl of Soup
 Pretzels
 Chilled Strawberry Cup
 Premium Wrap – Chicken Caesar

14
CHICKEN BONANZA DAY
 Assorted Chicken Nuggets, Patties or Popcorn
 Chicken Bites
 Oven Baked "Fries" Valentine Cookie Treat
 Chilled Pears
 Premium Wrap – Chicken Caesar

15
PIZZA PARTY
 Cheese or Assorted Toppings:
 Pepperoni / Bacon / Sausage
 Celery and Carrot Sticks w/dip
 Assorted Fresh and Chilled Fruits
 Premium Salad or Wrap

18
WINTER VACATION WEEK


19

20
WINTER VACATION WEEK


21

22
WINTER VACATION WEEK


25
CHEESEBURGERS
 Sweet Potato Bites
 Pickles
 Chilled Mixed Fruit Cup
 Premium Wrap – Italian Deli

26
NACHO SUPREME
 Seasoned Beef / Cheddar Cheese Sauce
 Lettuce & Tomato
 Crispy Corn / Salsa
 Chilled Peaches
 Premium Wrap – Italian Deli

27
PAPA GINO'S
 Cheese or Pepperoni
 Gluten Free Cheese Available
 Spinach Salad
 Fresh Apple
 Premium Salad – Chicken Teriyaki Asian Salad

28
BUFFALO CHICKEN TENDER WRAP
 Crunchy Celery Sticks w/dipping sauce
 Sunchips
 Cinnamon Applesauce
 Premium Salad – Chicken Teriyaki Asian Salad

Garelick Farms Tru-Moo Chocolate low fat and Dairy Pure 1% white milk are Non-GMO and Antibiotic Free
 Smucker's Uncrustables and Salad Bowl meals include a cheese stick, fruit and vegetable of the day and choice of milk
 Ala Carte Snacks and Water are \$1.00 each for all students
 Menus are subject to change upon availability of product
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