



Monday

Tuesday

Wednesday

Thursday

Friday



1

Mini Blueberry Waffles
 Fruit
 Milk or Juice
 Assorted Cereals

2

W/G Apple Cinnamon Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

3

Assorted Bagels
 Cream Cheese or Margarine
 Cup
 Fruit Milk or Juice
 Assorted Cereals

4

Yogurt Cup
 W/G Graham Snacks
 Fruit
 Milk or Juice
 Assorted Cereals

7

W/G Chocolate
 Chip Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

8

Mini Pancakes
 Fruit
 Milk or Juice
 Assorted Cereals

9

W/G Blueberry Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

10

Assorted Bagels
 Cream Cheese or Margarine
 Cup
 Fruit Milk or Juice
 Assorted Cereals

11

W/G Strawberry Fruit Bar
 Yogurt Cup
 Fruit
 Assorted Cereals

14

W/G Corn Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

15

Mini Blueberry Waffles
 Fruit
 Milk or Juice
 Assorted Cereals

16

W/G Apple Cinnamon Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

17

Assorted Bagels
 Cream Cheese or Margarine
 Cup
 Fruit Milk or Juice
 Assorted Cereals

18



21

W/G Chocolate
 Chip Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

22

Mini Pancakes
 Fruit
 Milk or Juice
 Assorted Cereals

23

W/G Blueberry Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

24

Assorted Bagels
 Cream Cheese or Margarine
 Cup
 Fruit Milk or Juice
 Assorted Cereals

25

Yogurt Cup
 W/G Graham Snacks
 Fruit
 Milk or Juice
 Assorted Cereals

28

W/G Corn Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

29

Mini Blueberry Waffles
 Fruit
 Milk or Juice
 Assorted Cereals

30

W/G Apple Cinnamon Muffin
 Fruit
 Milk or Juice
 Assorted Cereals

31

Garelick Farms Tru-Moo Chocolate and Dairy Pure 1% white milk are both non-GMO and antibiotic free

Menus are subject to change upon availability of products

Meal Applications are available on line or contact the Food Service Office at (508) 866-6230

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