

# NOVEMBER 2018

## CARVER MIDDLE/HIGH SCHOOL

Lunch costs \$2.75 ~ Premium meals cost \$4.25

Ala Carte Milk is .60

All meals include vegetable of the day

Choice of Milk ~ Fruit

For best nutrition and value take everything!

Monday

Tuesday

Wednesday

Thursday

Friday



5  
Chicken Nuggets  
Smiley "Fries"  
Baby Carrots  
Dipping Sauces

Premium Salad ~ Asian Chicken Teriyaki

6  
NO SCHOOL  
VOTING DAY  
& PROFESSIONAL DEVELOPMENT DAY



7  
Papa Gino's Pizza Day  
Cheese or Roni  
Gluten Free Cheese  
House Salad w/dressings  
Chilled Mixed Fruit Cup

Premium Salad ~ Asian Chicken Teriyaki

1  
BUFFALO CHICKEN TENDER  
SUBS  
Baby Carrot w/dip  
Sunchips  
Apples

Premium Salad ~ Chicken Caesar

2  
SAL'S PIZZA DAY  
Cheese or Sausage Crumbles  
House Salad w/dressings  
Assorted Fruits

Assorted Premium Wrap or Salad

12  
NO SCHOOL  
VETERAN'S DAY



13  
General Tso's Orange Chicken  
"Fried Rice"  
Steamed Broccoli  
Mandarin Oranges

Premium Salad ~ Buffalo Chicken

14  
Cheeseburgers on a bun  
Sweet Potato "Fries"  
Pickle Spears  
Apple

Premium Salad ~ Buffalo Chicken

15  
Chicken Broccoli Alfredo  
Dinner Roll  
Chilled Pears / Fresh Apple

Premium Wrap ~ Chicken Caesar Wrap

16  
French Bread Pizza  
House Salad w/dressing  
Garlic Roasted Garbanzo Beans  
Chilled Mixed Fruit Cup

Assorted Premium Salad or Wrap

19  
Chicken Bonanza Day  
Chicken Nuggets or Chicken Patty  
Or Popcorn Chicken Assortment  
Oven Baked "Fries"

Premium Wrap ~ Turkey/Bacon Ranch

20  
Pizza Day  
Cheese or Pepperoni or Bacon Crumbles  
Baby Carrots  
Garlic Roasted Garbanzo Beans  
Apples

Premium Wrap ~ Turkey/Bacon Ranch

21  
In-Service Day  
No Lunches Served



23  
NO SCHOOL

26  
Crispy Chicken Patty on a bun  
Spicy or Plain  
Crinkle Cut "Fries"  
Strawberry Cup

Premium Salad ~ Asian Chicken Teriyaki

27  
Nacho Supreme  
Beef & Cheese  
Lettuce & Tomato  
Corn / Salsa  
Mandarin Oranges

Premium Salad ~ Asian Chicken Teriyaki

28  
Papa Gino's Pizza Day  
Cheese or Roni  
Gluten Free Cheese  
Spinach Salad  
Apples

Premium Salad ~ Greek Salad

29  
Shepard's Pie  
Seasoned Beef layered with  
Mashed Potato, Sweet corn and Gravy  
Chilled Peaches

Premium Salad ~ Greek Salad

30  
Grilled Cheese Sandwich  
Tomato Soup Cup  
Assorted Fresh and Cupped Fruit

Assorted Premium Salad or Wrap

Garelick Farms Tru-Moo Chocolate or Strawberry and Dairy Pure 1% white are Non-GMO and Antibiotic Free  
Smucker's Uncrustables and Salad Bowl Meals include a cheese stick for protein, fruit and vegetable of the day and choice of milk

Ala Carte Snacks and Water are \$1.00 each Ala Carte Milk is .60

The USDA is an equal opportunity provider and employer