



Make everyday Count!

# DECEMBER 2018

## CARVER MIDDLE/HIGH SCHOOL

Lunch costs \$2.75 ~ Premium Meals cost \$4.25  
All meals include vegetable and/or fruit of the Day  
Choice of Milk  
For Best Nutrition and Value, take everything!

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

3  
Meatball Submarine Sandwich  
Parmesan Cheese  
Green Beans  
Chilled Mixed Fruit

4  
Chicken Fajitas  
Spanish Rice  
Crispy Corn / Salsa  
Apples & Craisins

5  
IN-SERVICE DAY  
NO LUNCH SERVED

6  
Popcorn Chicken Bowl  
Mashed Potato w/popcorn chicken  
Corn ~ Gravy  
Dinner Roll  
Chilled Peaches

7  
Stuffed Crust Pizza  
Cheese or Pepperoni  
House Salad w/dressing  
Assorted Fresh Fruits

Premium Salad ~ Chicken Teriyaki

Premium Salad ~ Chicken Teriyaki

Premium Wrap ~ Chicken Caesar

Premium Wrap ~ Chicken Caesar

10  
Chicken Patty on a bun  
Spicy or Regular  
Smiley "Fries"  
Cinnamon Applesauce

11  
Taco Tuesday  
Seasoned Beef & Cheese  
Lettuce and Tomato  
Orange Slices

12  
Buffalo Chicken Tender Sub  
Sunchips  
Fresh Apple or Chilled Peaches

13  
Cheeseburger on a bun  
Lettuce & Tomato  
Oven Baked "Fries"  
Baby Carrot Sticks

14  
Sal's Pizza Day  
Cheese or Sausage Crumbles  
House Salad w/dressing  
Assorted Fresh Fruits

Premium Salad ~ Buffalo Chicken

Premium Salad ~ Buffalo Chicken

Premium Wrap ~ Turkey Bacon Ranch

Premium Wrap ~ Turkey Bacon Ranch

Assorted Premium Salad or Wrap

17  
Chicken Nuggets  
Dipping Sauces  
Sweet Potato Crinkles  
Apple Wedges

18  
Nacho Supreme  
Seasoned Beef & Cheese  
Cheddar Cheese Sauce  
Lettuce & Tomato  
Sweet Corn / Salsa

19  
Papa Gino Pizza Day  
Cheese or Roni  
Gluten Free Cheese  
House Salad w/dressing  
Apple Crisp

20  
Burrito Bowl  
Grilled Chicken layered with  
Lettuce, Tomato, Rice & Beans  
Topped w/Cheese / Wrap / Salsa  
Fritos Corn Chips

21  
Grilled Cheese Sandwich  
Tomato Soup w/crackers  
Assorted Fresh Fruit & Cupped Fruits

Premium Salad ~ Greek Salad

Premium Salad ~ Greek Salad

Premium Wrap ~ Chicken Caesar

Premium Wrap ~ Chicken Caesar

Assorted Premium Salad or Wrap

24  
HOLIDAY  
RECESS  
WEEK



26  
HOLIDAY  
RECESS  
WEEK



Garelick Farms Tru-Moo Chocolate and Dairy Pure 1% are Non-GMO and Antibiotic Free  
Smucker's Uncrustables and Salad Bowl Meals include a cheese stick for protein, fruit and vegetable of the day and choice of milk  
Ala Carte Snacks and Water are \$1.00 each ~ Ala Carte Milk is .60  
The USDA is an equal opportunity provider and employer

