

OCTOBER 2018

CARVER MIDDLE/HIGH SCHOOL

Breakfast is served daily including on In-Service Days for \$1.75
 Did you know if you receive Free or Reduced Priced Lunch,
 you also receive Free or Reduced Priced Breakfast
 Reduced Priced Breakfast is .30 per day

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast Sandwich Bacon, Egg & Cheese on English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>2</p> <p>Breakfast Wrap Sausage Links, Egg & Cheese In a Wrap Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>3</p> <p>Chicken "n Waffles Crispy Chicken Chunks With Dutch Waffle Syrup Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>4</p> <p>Breakfast Pastries WG Donut Holes or Mini Bagels w/cream cheese Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>5</p> <p>Pancake Wrapped Sausage on a stick Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / PopTarts / Cereal Bars</p>
<p>8</p> <p>Columbus Day No School</p> 	<p>9</p> <p>Breakfast Sandwich Bacon, Egg & Cheese on English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>10</p> <p>Breakfast Sandwich Sausage Patty, Egg & Cheese On a Croissant Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>11</p> <p>Breakfast Pastries WG Donut Ring or Assorted Muffins Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>12</p> <p>Breakfast Sandwich Bacon, Egg & Cheese on English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>
<p>15</p> <p>Breakfast Sandwich Bacon, Egg & Cheese On English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>16</p> <p>Pizza Bagel Topped with Crumbled Sausage Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>17</p> <p>Chicken "n Waffles Crispy Chicken Chunks With Dutch Waffle Syrup Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>18</p> <p><u>In-Service Day</u> Breakfast Pastries WG Donut Holes or Mini Bagels w/cream cheese Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>19</p> <p>Breakfast Sandwich Sausage Patty, Egg & Cheese On a Croissant Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>
<p>22</p> <p>Breakfast Sandwich Bacon, Egg & Cheese On English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>23</p> <p>Breakfast Sandwich Bacon, Egg & Cheese On a Buttermilk Biscuit Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>24</p> <p>French Toast Sticks Sausage Links Hash Browns Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>25</p> <p>Breakfast Pastries WG Donut Ring or Assorted Muffins Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>26</p> <p>Breakfast Sandwich Sausage Patty, Egg & Cheese On a Croissant Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>
<p>29</p> <p>Breakfast Sandwich Bacon, Egg & Cheese on English Muffin Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>30</p> <p>Breakfast Wrap Sausage Links, Egg & Cheese In a Wrap Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>	<p>31</p> <p>Chicken "n Waffles Crispy Chicken Chunks With Dutch Waffle Syrup Fresh Fruit / Juice / Milk</p> <p>Alternate Choice: assorted whole grain Cereals / Pop Tarts / Cereal Bars</p>		

Breakfast is served 180 school days!
 We serve Garelick Farms Tru-Moo Chocolate or 1% low fat white milk – both Non-GMO and antibiotic free
 Menus are subject to change upon availability of product
 The USDA is an equal opportunity provider and employer