

Monday



3

School opens tomorrow!
 Start your day with school breakfast

Tuesday

4

Breakfast Sandwich
 Egg, Bacon & Cheese
 on toasted English Muffin
 Fresh Fruit / Juice
 Milk

Alternative choice: assorted whole grain cereals or *Poptarts*

Wednesday

5

Chicken 'n Waffles
 Crispy Chicken Tenders
 with Waffles
 Syrup
 Fresh Fruit / Juice
 Milk

Alternative choice: assorted whole grain cereals or *Poptarts*

Thursday

6

Breakfast Pastries
 Whole Grain Donut Ring or
 Muffin
 Fresh Fruit / Juice
 Milk

Alternative choice: assorted whole grain cereals or *Poptarts*

Friday

7

Breakfast Sandwich
 Egg, Sausage & cheese on
 Buttermilk Bisquit
 Fresh Fruit / Juice
 Milk

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Bacon & Cheese
 on toasted English Muffin
 Fresh Fruit / Juice
 Milk

10

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Wrap
 Egg, Sausage Links & Cheese
 Fresh Fruit / Juice
 Milk

11

Alternative choice: assorted whole grain cereals or *Poptarts*

Chicken 'n Waffles
 Crispy Chicken Tenders
 with Waffles
 Syrup
 Fresh Fruit / Juice
 Milk

12

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Pastries
 Whole Grain Donut Ring or
 Muffin
 Fresh Fruit / Juice
 Milk

13

Alternative choice: assorted whole grain cereals or *Poptarts*

Pancake Wrapped Sausage
 on a stick
 Hash Browns
 Fresh Fruit / Juice
 Milk

14

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Bacon & Cheese
 on toasted English Muffin
 Fresh Fruit / Juice
 Milk

17

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Sausage & Cheese
 on Pancakes w/syrup
 Fresh Fruit / Juice
 Milk

18

Alternative choice: assorted whole grain cereals or *Poptarts*

Chicken 'n Waffles
 Crispy Chicken Tenders
 with Waffles
 Syrup
 Fresh Fruit / Juice
 Milk

19

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Pastries
 Whole Grain Donut Ring or
 Muffin
 Fresh Fruit / Juice
 Milk

20

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Sausage & cheese on
 Buttermilk Bisquit
 Fresh Fruit / Juice
 Milk

21

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Bacon & Cheese
 on toasted English Muffin
 Fresh Fruit / Juice
 Milk

24

Alternative choice: assorted whole grain cereals or *Poptarts*

Pancake Wrapped Sausage
 on a stick
 Hash Browns
 Fresh Fruit / Juice
 Milk

25

Alternative choice: assorted whole grain cereals or *Poptarts*

Chicken 'n Waffles
 Crispy Chicken Tenders
 with Waffles
 Syrup
 Fresh Fruit / Juice
 Milk

26

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Pastries
 Whole Grain Donut Ring or
 Muffin
 Fresh Fruit / Juice
 Milk

27

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast Sandwich
 Egg, Sausage & cheese on
 Croissant
 Fresh Fruit / Juice
 Milk

28

Alternative choice: assorted whole grain cereals or *Poptarts*

Breakfast is served 180 school days!

We serve Garelick Farms Tru-Moo Chocolate or 1% White Milk – both Non GMO and antibiotic free

Menus are subject to change upon availability of products

The USDA is an Equal Opportunity Provider and Employer

Questions or comments? Contact Kathleen Farrar Food Service Director farrark@carver.org