








# CARVER ELEMENTARY SCHOOL – LUNCH MENU



Lunch is \$2.50 and .40 for Reduced





CAFÉ NEWS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFÉ NEWS
For optimum value and nutrition we encourage students to select a complete meal Protein, Whole Grains, Fruits & Vegetables & Milk				<b>1</b> Turkey Sub Sliced turkey on a roll Lettuce & Tomato Baby Carrots Fresh Apple  <b>Chicken/Bacon Ranch</b>	 <b>2</b> <b>PIZZA DAY</b> <b>SAL'S PIZZA</b> Cheese or w/roni Fresh Caesar Salad Garlic Roasted Chickpeas	<b>A-list snacks \$1.00</b> <b>Ala Carte Milk .60</b> <b>Milk choices from Garelick Farms</b> <b>Tru-Moo</b> <b>1% White</b> <b>Both are Non GMO and Antibiotic Free</b>
<u>Daily Choices</u> *Smucker's PBJ w/side salad & fruit *Garden Salad w/dressing, cheese stick, croutons & fruit	<b>5</b> Popcorn Chicken Sweet Potato Crinkles Sweet Corn Warm Pretzel Chilled Fruit Cup <b>Buffalo Chicken Salad</b>	<b>6</b> <b>EARLY RELEASE</b> <b>NO LUNCH</b>	<b>7</b> <b>PAPA GINO'S</b> Cheese or Roni Fresh Caesar Salad Chilled Peaches  <b>Buffalo Chicken Salad</b>	<b>8</b> Teriyaki Chicken Seasoned Rice Sweet Peas Chilled Pineapple Bites Fortune Cookie <b>Buffalo Chicken Salad</b>	<b>9</b> Hotdog in a bun BBQ Baked Beans Crispy Carrots Chilled Pears  <b>Buffalo Chicken Salad</b>	To make online payments and keep up to date, visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> There you can set-low balance alerts & watch your child's activity
*Honey Wheat Bagel w/cream cheese or margarine, cheese stick & side salad *Assorted WG Cereal w/cheese stick & fruit All meals include a selection of milk	<b>12</b> Crispy Chicken Cutlet Whipped Potato Gravy – Corn Orange Wedges  <b>Chicken Caesar Salad</b>	<b>13</b> French Toast Sticks Baked Sausage Links Sweet Potato Bites Warmed Syrup Banana  <b>Chicken Caesar Salad</b>	<b>14</b> Spaghetti in Sauce w/ or w/o meatballs Green Beans Warm Bread Stick Valentine Cookie Strawberry Cup  <b>Chicken Caesar Salad</b>	<b>15</b> Hamburger on a bun Plain or Cheese Lettuce, tomato & pickles Baby Carrots w/ranch Fresh Apple  <b>Chicken Caesar Salad</b>	<b>16</b> <b>PIZZA DAY</b> <b>Stuffed Crust</b> Cheese / Buffalo Chix Spinach Salad Roasted Chick Peas Chilled Diced Peaches	Papa Gino's Pizza Also comes Gluten Free Please contact Doreen Costa if your child would like to try it (508) 866-6230
	<b>19</b> <b>ENJOY YOUR FEBRUARY VACATION</b>	<b>20</b> 	<b>21</b> 	<b>22</b> 	<b>23</b>	The Food Service Department is looking for Substitute Food Service workers. If interested call or email Kathleen Farrar <a href="mailto:farrark@carver.org">farrark@carver.org</a> <b>(508) 866-6137</b>
Students are allowed to purchase 1 food item and 1 beverage item as extras	<b>26</b> Chicken Tenders w/dipping sauces Baked Smile Potatoes Peas Cinnamon Applesauce <b>Teriyaki Chicken Salad</b>	<b>27</b> TACO TUESDAY Hard Shell Beef & Cheese Seasoned Rice Corn Chilled Fruit Cup <b>Teriyaki Chicken Salad</b>	<b>28</b> <b>PAPA GINO'S</b> Cheese or Roni Fresh Garden Salad Mixed Fruit Cup <b>Teriyaki Chicken Salad</b>	<b>3/1</b> Hotdog on a bun Plain or w/chili BBQ Baked Beans Pretzel Snack Bag Fresh Apple	<b>3/2</b> <b>PIZZA DAY</b> WILD MIKE'S Cheese or Sausage Fresh Garden Salad Chilled Pears	<b>Questions or comments?</b> Contact Kathleen Farrar Director Food Services <a href="mailto:farrark@carver.org">farrark@carver.org</a>

The USDA is an Equal Opportunity Provider and Employer. All menus are subject to change due to availability of product.

# CARVER ELEMENTARY SCHOOL – BREAKFAST MENU



Breakfast Costs \$1.75  
and .30 for Reduced

CAFÉ NEWS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFÉ NEWS
BREAKFAST OFFERED DAILY  INCLUDING IN-SERVICE DAYS				<b>1</b> Apple Cinnamon Muffin Fruit Milk or Juice Assorted Cereals	<b>2</b> WG Bagel Assortment Fruit Milk or Juice Assorted Cereal	<b>Milk is included with all meals</b> <b>Milk choices from Garelick Farms Tru-Moo 1% White</b> <b>Both are Non GMO and Antibiotic Free</b>
Our breads are all Whole Grain Rich  Our cereals are “less sugar” and Whole Grain!	<b>5</b> Yogurt Cup Graham Cracker Bites Fruit Milk or Juice Assorted Cereals	<b>6</b> Blueberry Muffin Fruit Milk or Juice Assorted Cereals	<b>7</b> Mini Pancakes Fruit Milk or Juice Assorted Cereal	<b>8</b> Banana Muffin Fruit Milk or Juice Assorted Cereal	<b>9</b> WG Bagel Assortment Fruit Milk or Juice Assorted Cereal	To make online payments and keep up to date, visit <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> There you can set-low balance alerts & watch your child’s activity
Students may purchase items separately as ala carte	<b>12</b> Yogurt Cup Graham Cracker Bites Fruit Milk or Juice Assorted Cereals	<b>13</b> Blueberry Muffin Fruit Milk or Juice Assorted Cereals	<b>14</b> Mini Waffles Fruit Milk or Juice Assorted Cereal 	<b>15</b> Chocolate Chip Muffin Fruit Milk or Juice Assorted Cereal	<b>16</b> WG Bagel Assortment Fruit Milk or Juice Assorted Cereal	To make at school payments: Make check payable to CPS-Meal Program (Include student ID on check)
<b>ENJOY YOUR FEBRUARY VACATION</b>	<b>19</b>	<b>20</b>	<b>21</b> 	<b>22</b>	<b>23</b>	The Food Service Department is looking for Substitute Food Service workers. If interested call or email Kathleen Farrar <a href="mailto:farrark@carver.org">farrark@carver.org</a> (508) 866-6137
<b>Meal Applications are available all year long. Send completed to the Food Service Office</b>	<b>26</b> Yogurt Cup Graham Cracker Bites Fruit Milk or Juice Assorted Cereals	<b>27</b> Blueberry Muffin Fruit Milk or Juice Assorted Cereals	<b>28</b> Mini Waffles Fruit Milk or Juice Assorted Cereal	<b>3/1</b> Chocolate Chip Muffin Fruit Milk or Juice Assorted Cereal	<b>3/2</b> WG Bagel Assortment Fruit Milk or Juice Assorted Cereal	<b>Questions or comments?</b> Contact Kathleen Farrar Director Food Services <a href="mailto:farrark@carver.org">farrark@carver.org</a>

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