Carver Coyote Monthly Newsletter

December 2017

Veterans' Day Celebration at Carver Elementary School

This year marked the 4th Annual Veterans' Day Ceremony at CES. On this day, we had over 45 military veterans join us. Our students took part in honoring the veterans for their service by singing patriotic songs, reciting poems and sharing information about the meaning of Veterans' Day. As part of the ceremony, our veterans received a special American flag pin and certificate. This year, the Girl and Boy Scouts joined us in uniform to honor our veterans. After the ceremony, each veteran visited a classroom and shared with students their specific branch of the military, the part of the country or world in which they served, and other information about their service.

Student Ambassadors, accompanied by Ms. Dawson, visited the Statehouse on Thursday, 11/16/17.

Student Ambassadors (l to r): Anna Foley, Marissa Gallego, Matthew Durling, Sabrina Dubois, Mariah Bromley, Alysia Hernandez, Madison Azzara, Ms. Dawson, Nolan Blackwell, Izzy Jezierski, Laila Servis, Melina Berkobein, Ryder Holmes, Keith Tobin, Scarlett Peabody, Senator Gifford-Williams, Colin Reardon, Mikayla Swanson, Emily Puljanowski, Alyssa Virden, Mackenzie Azzara, Patrick Crump, Paige Medico, Sophia Tibbetts.

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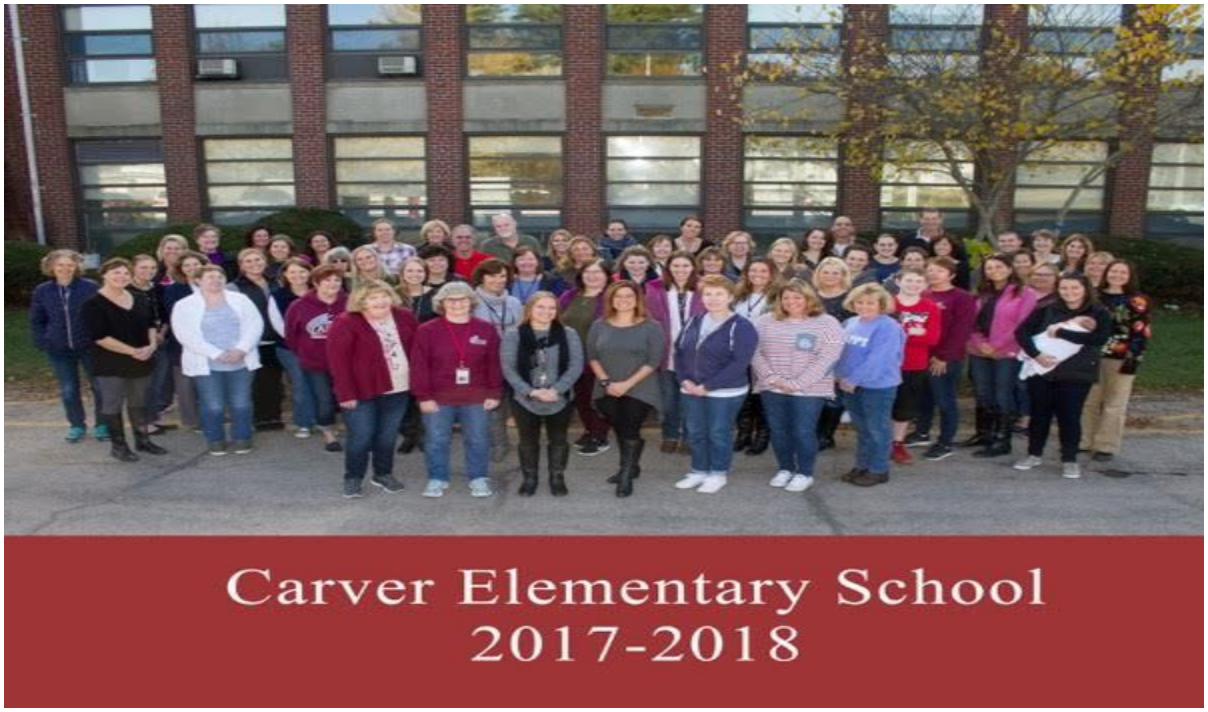
Carver Elementary School
508-866-6210
85 Main Street
Carver, MA 02330 www.carver.org

Ruby Maestas, Principal
Paula Foley, Associate Principal
Tanya Dawson, Associate Principal

CALENDAR OF EVENTS:

Wednesday, 12/6/17	Early Release Day, 11:45 am dismissal Celtics Spirit Day
Thursday, 12/7/17	Coyote Convenience (School Store) open during lunches
Saturday, 12/9/17	PTO's Winter Wonderland, 10-2
Thursday, 12/14/17	Winter Concert, 6:30 pm, CMHS Auditorium
Wednesday, 12/20/17	Grade 1 Holiday Concert, 1:05 pm, EKW Gym
Friday, 12/22/17	No School
Friday, 12/22/17 Through Monday, 1/1/18	Holiday Recess
Tuesday, 1/2/18	School Reopens

THE FACULTY AND STAFF AT CARVER ELEMENTARY SCHOOL WISH OUR FAMILIES A JOYOUS HOLIDAY SEASON!



COLD WEATHER has arrived…remember to send your child in with layers, including hats, gloves, scarves and a winter coat. At arrival time, as long as it is not raining, snowing or strong winds blowing, we are outdoors walking on the trail and getting our morning exercise. Your assistance with sending your child in with appropriate clothing will help make our morning exercise even more successful. Also, if your student is not ready for the cold weather by dressing appropriately, he/she will need to remain indoors during recess.

SPIRIT WEEK AND FOOD DRIVE

School-Spirit week was held at CES the week of November 13 and it kicked off the 2nd Annual Carver Coyote Turkey Trot! Physical Education teachers Ms. Renee DeMarsh and Mr. TJ Elder organized a ½ - 1 mile course around Mr. Paduch's cranberry bogs & solar farm. We collected 1,878 non-perishable food items during spirit week! The items were counted by some of our first and second grade students and donated to Shane Gives Thanks Food Pantry.

Kody Kostant (3rd grade) and Brenden Stack (5th grade) discover they have a few things in common. They each brought Sonic the Hedgehog to school on stuffed animal day during Spirit Week.

Reminder to use PickUp Patrol
for Safer, Easier Dismissals

Parents & Guardians: This is a friendly reminder to please use PickUp Patrol to report ALL changes to your children's after-school dismissal plans. It's quick and easy to sign up and best of all, making last minute changes is not a problem. Using pickup patrol eliminates the need for parents to write a dismissal note or make a phone call (unless you have to make a change after 1:45 p.m. because we do have a daily cutoff time.) If your registration email has expired or you did not receive one, please contact the school office at (508) 866-6210 or (508) 866-6220. We will be happy to answer any of your questions regarding this new way to let us know about your end of day dismissal plans.

EKW PARKING LOT TRAFFIC PATTERN

Remember that traffic in the EKW parking lot, located to the right of the bus circle, is one way. When entering the parking lot you must take the first right and travel through the lot in a counterclockwise direction.

OFFICE HOURS WITH THE PRINCIPAL

Office Hours with the Principal are from 7:30-7:50 every morning and/or by scheduling a meeting. Also, to provide feedback, suggestions or comments regarding any/all aspects of our school day, there is a comment box located near the parent waiting area in the EKW building. Remember that if you are trying to reach the principal or one of the associate principals during the school day, we are throughout the school, getting to know all our students, conducting classroom walkthroughs, and supporting our teachers. If you leave us a message, we will make sure to get back to you within 24 hours. For emergencies, please do not hesitate to let our office administrative assistants know that you need to speak with one of us immediately.

CARVER ELEMENTARY SCHOOL PTO INFORMATION

Winter Wonderland is Saturday December 9th 10-2. All are welcome to join us for a day of winter themed fun. There will be free face painting, crafts, stories with Big Ryan's Tall Tales, Bake Sale, Kids Holiday shop, Raffle, a visit from Santa and Mrs. Claus and much more!

Harlem Wizards return! January 18, 2018 at 6:30 pm our own Carver Crushers will be once again taking on the Harlem Wizards. Last year this event sold out so be sure to get your tickets early. Tickets will be available at Winter Wonderland!

The Coyote Convenience (school store) will be open during lunches on December 7th and January 4th. Children are invited to purchase items after eating their lunch before leaving for recess. Please send any money in a plastic bag labeled school store for any purchases they may want to make. You can send in a shopping list by visiting www.carverpto.org.

We are looking for volunteers to help run the school store. Hours are 10:30 am to 2:00 pm. Please email info@carverpto.org if you can help.

The December Box Tops Classroom collection will take place December 20th. Please send in all non-expired Box Tops in a ziplock bag to your child's classroom by December 20th.

Our November Box Tops collection was just collected on November 30th. We hope to announce both the November and December classroom winners in the January newsletter. Stay tuned!

Please feel free to send any Coca-Gives Program Items with your monthly Box Tops classroom collections.

BARN BABIES VISITS GRADE ONE AT CARVER ELEMENTARY SCHOOL

First grade students in Mrs. Shanahan's took turns cuddling with furry friends, Barn Babies. Thank you to the PTO for bringing the Barn Babies to our school for a visit.

LOST AND FOUND

The Lost and Found areas at Carver Elementary School are overflowing. Please have your students check the area if they have lost any items. There are jackets, sweatshirts, lunchboxes etc. It is recommended to put your student's name on items so they can easily be returned. Last call for collecting lost and found items will be Thursday, 12/21/17.

HEALTH OFFICE INFORMATION

First Aid/Emergencies. If a sudden illness or accident occurs, the school nurse will administer first aid immediately and will notify the parents if necessary. If the illness or injury requires that the child be dismissed from school, parents must assume the responsibility of transporting their children home. If a parent cannot be reached, an approved adult on the child's emergency card will be called. If no approved adult can be reached, the child will remain in the health office until contact is made. If there is an extreme emergency requiring immediate medical attention, the child will be transported via Carver ambulance to the hospital.

Injuries. Written notification from a parent is required when it is necessary to excuse a child from physical education. If the child is to be excused for more than one PE class, a note from the physician is required. If a child has an injury that requires crutches, a note from the physician must accompany the child when returning to school. Such notifications should clearly detail all restrictions and identify the date when participation in the physical education program may resume.

Absences. Any child who has been absent must bring a note when returning to school. The note must be signed by a parent/guardian and should specify why the child was absent, indicating the specific type of illness so outbreaks of common illness can be monitored. Students with a fever, diarrhea or vomiting should remain home at least 24 hours after the fever has broken(without the aid of fever-reducing medicines) and they are free from vomiting and diarrhea (for 24 hours).

Medication Policy. The Carver Elementary School encourages parents, whenever possible, to administer medications before and/or after school.

Medications (prescription and over-the-counter) needed during school hours require a physician's order and written consent from the parent/guardian.

IS IT A **Cold** OR THE **Flu**?

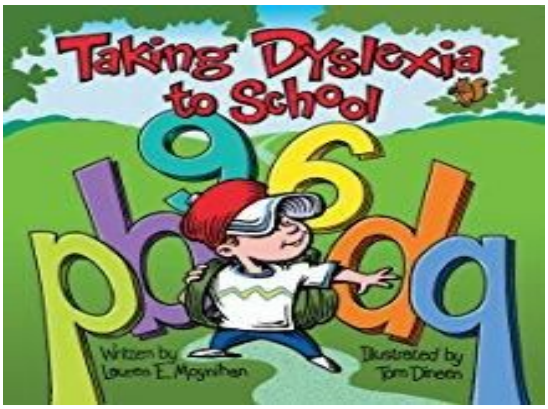
SYMPTOMS	COLD	FLU
FEVER	Rare	Usual; high (100°F to 102°F, occasionally higher, especially in young children); lasts 3 to 4 days
HEADACHE	Rare	Common
GENERAL ACHES, PAINS	Slight	Usual; often severe
FATIGUE, WEAKNESS	Sometimes	Usual; can last up to 2 to 3 weeks
EXTREME EXHAUSTION	Never	Usual; at the beginning of the illness
STUFFY NOSE	Common	Sometimes
SNEEZING	Usual	Sometimes
SORE THROAT	Common	Sometimes
CHEST DISCOMFORT, COUGH	Mild to moderate; hacking cough	Common; can become severe
TREATMENT	▪ Antihistamines ▪ Decongestants ▪ Nonsteroidal anti-inflammatory medicines	▪ Antiviral medicines—see your healthcare provider
PREVENTION	▪ Wash your hands often with soap and water ▪ Avoid close contact with anyone who has a cold	▪ Annual vaccination ▪ Antiviral medicines—see your healthcare provider
COMPLICATIONS	▪ Sinus infection ▪ Middle ear infection ▪ Asthma	▪ Bronchitis, pneumonia ▪ Can worsen chronic conditions ▪ Can be life-threatening. Complications more likely in the elderly, those with chronic conditions, young children, and pregnant women.

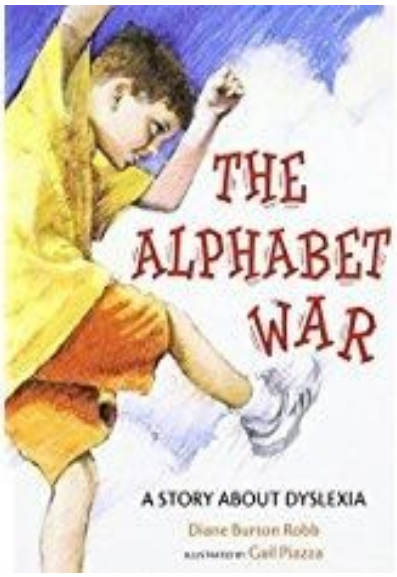
National Institute of Allergy and Infectious Diseases

August 2014
www.niaid.nih.gov

Accepting Differences Program for December

Each month the School Psychologist or School Adjustment Counselor will read a book to your child's class about a way that people can be different to increase understanding and respect for all people.





In December your child will be learning about people who have learning disabilities. Students in grades K-2 will hear "Taking Dyslexia to School", by Lauren E. Moynihan, and students in grades 3-5 will hear "Alphabet War: A Story About Dyslexia", by Diane Burton Robb. Please contact either Mrs. Langner, Mrs. Bartlett or Mrs. Hines if you have any questions or if you would like additional information.

CARVER PUBLIC LIBRARY

Weekly Storytimes - Run through December 20th
Tuesdays at 10:30 a.m. – Toddler Storytimes, under age 3
Wednesdays at 10:30 a.m. –Preschool Storytime, ages 3 to 5

Gingerbread House Contest
Drop off your best attempt at a gingerbread house by December 14 to compete in voting. Have fun making it, and maybe win something cool in the process! No restrictions on theme or materials, but please keep your abode to a reasonable size which will be easy to display. Have fun and try not to eat all the candy before you finish!

Festive Window Painting
Saturday, December 2 at 11:00 a.m. – Age 4+, must register.

Holiday Paint Night
Tuesday, December 5 at 6:30 p.m. – Age 8+, register.

Ugly Sweater Night
Thursday, December 7 at 6:30 p.m. – Ages 8 and up, must register. Sip cocoa and make a hideously unique ornament, all while dressed in your ugliest holiday attire!

Ornament Making
Saturday, December 9 from 11:00 a.m. to 1:00 p.m. – All ages, drop-in.

Holiday Lego Challenge Night
Tuesday, December 12 from 5:30 p.m. to 7:30 p.m. – All ages, drop-in.

Gingerbread Man
Thursday, December 14 at 6:30 p.m. – All ages, drop-in. Entries for the Gingerbread House Contest are due today! While you drop your creation off, make a craft to take home with you.

Elf Workshop
Saturday, December 16 from 11:00 a.m. – 2:00 p.m. – All ages, drop-in. Work like one of Santa's elves to craft some home-made gifts for friends and family. We will pull out a ton of supplies, all you need to do is get busy!

BREAKFAST MENU

Monday, 12/4	Tuesday, 12/5	Wednesday, 12/6	Thursday, 12/7	Friday, 12/8
Yogurt cup	Blueberry Muffin	Mini Pancakes	Banana Muffin	Assorted W.W Bagels
Graham Cracker Bites	Fruit	Fruit	Fruit	Cream cheese or margarine
Fruit, milk or juice	Milk or juice	Milk or juice	Milk or juice	Milk or juice, fruit cup
Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals
Monday, 12/11	**Tuesday, 12/12**	**Wednesday, 12/13**	**Thursday, 12/14**	**Friday, 12/15**
Yogurt Cup	Blueberry Muffin	Mini blueberry waffles	Choc. Chip Muffin	Assorted W/W Bagels
Graham Cracker Bites	Fruit	Fruit	Fruit	Cream cheese or margarine
Fruit, Milk or juice	Milk or juice	Milk or juice	Milk or juice	Fruit, Milk or juice
Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals
Monday, 12/18	**Tuesday, 12/19**	**Wednesday, 12/20**	**Thursday, 12/21**	**Friday, 12/22**
Yogurt cup	Blueberry Muffin	Mini Pancakes	Apple/cinnamon muffin	Holiday Recess
Graham Cracker Bites	Fruit	Fruit	Fruit	Begins
Milk or juice	Milk or juice	Milk or juice	Milk or juice	
Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals	
Monday, 1/1	**Tuesday, 1/2**	**Wednesday, 1/3**	**Thursday, 1/4**	**Friday, 1/5**
	Blueberry Muffin	Mini blueberry waffles	Chocolate Chip Muffin	Assorted W/W Bagels
Happy New	Fruit	Fruit	Fruit	Cream cheese or margarine
Year	Milk or juice	Milk or juice	Milk or juice	Fruit, Milk or juice
	Or assorted cereals	Or assorted cereals	Or assorted cereals	Or assorted cereals

Breakfast $1.75
Reduced Price $.30

LUNCH MENU

Monday, 12/4	Tuesday, 12/5	Wednesday, 12/6	Thursday, 12/7	Friday, 12/8
Popcorn chicken bites w/dipping sauces Sweet potato crinkles Sweet peas Fresh banana	Spaghetti & meatballs Green beans Warm bread stick Chilled pears	Early Release Day Lunches are not served	W/G Pancakes w/syrup Sausage patty Sweet potato bites Chilled applesauce	Pizza Day Wild Mikes Pizza Wedge Plain or pepperoni Fresh spinach salad w/dressing
Chicken Caesar Salad	Chicken Caesar Salad		Chicken Caesar Salad	
Monday, 12/11	**Tuesday, 12/12**	**Wednesday, 12/13**	**Thursday, 12/14**	**Friday, 12/15**
Chicken patty on a WW bun Plain or Spicy, Corn Baked potato puffs Chilled fruit cup	Taco Tuesday Seasoned beef w/ Cheddar Cheese Hard shell, rice Salsa & bean dip	Papa Gino's Day Cheese or pepperoni Fresh garden salad w/dressing, Roasted chick peas Chilled pears	Chicken Noodle Soup Warm Bread Stick Baby carrots w/ranch Graham Bears Snack Fresh Apple	Mac & Cheese Side of Spinach Salad Warm pretzel rod Fresh Banana Chilled mixed fruit
Chicken Bacon Ranch Salad	Chicken Bacon Ranch Salad		Chicken Bacon Ranch Salad	
Monday, 12/18	**Tuesday, 12/19**	**Wednesday, 12/20**	**Thursday, 12/21**	**Friday, 12/22**
W/G Chicken Nuggets Dipping Sauces Baked potato wedges Steamed carrots Fresh orange wedges	French toast sticks w/syrup Scrambled egg patty Crispy hash brown Chilled applesauce	Crispy Chicken Wrap W/lettuce & tomato R/F Doritos Baby carrots w/ranch dressing Fresh apple	Pizza Day Sal's Pizza Slice Cheese or sausage Fresh salad w/dressing Garlic roasted chick peas Chilled mixed fruit	Holiday Recess Begins
Greek Salad w/chicken	Greek Salad w/chicken	Greek Salad w/chicken		
Monday, 1/1	**Tuesday, 1/2**	**Wednesday, 1/3**	**Thursday, 1/4**	**Friday, 1/5**
Happy New Year!	Popcorn chicken bites w/dipping sauces Baked shoestring potatoes Sweat peas Fresh Banana	Papa Gino's Day Cheese or pepperoni Fresh Garden Salad Chilled mixed fruit cup	Meatballs in sauce Side of green beans Warm dinner roll Strawberry cup	Hamburger on a bun Plain or cheese Lettuce, tomato & pickles BBQ Baked Beans/Pretzels Chilled fruit cup
	Buffalo chicken salad		Buffalo chicken salad	Buffalo chicken salad

Daily Choices:
Garden Salad with dressing
WG Bagel with cream cheese
Smucker's Uncrustable
Assorted W/G Cereals
Ala Carte Milk $.50
Ala Carte Water $.75

These meals come with a choice of cheese stick, fruit, veggie of the day, juice and WG croutons/crackers.

All meals include choice of milk (1% lowfat or Tru Moo fat free chocolate)
Lunch $2.50
Reduced Price $.40

Our breads are Whole Grain Rich. Meals are subject to change upon the availability of product.
Students are allowed to purchase 1 food item and 1 drink item unless parent notifies us otherwise.
To register for NutriKids, watch daily transactions, check balances and make online payments, visit: www.myschoolbucks.com
To make at school pre payments, checks can be made payable to: CPS Meal Program. Please include student id# on check. Free and reduced applications are available on the school website and can be filled out anytime during the year. www.carver.org

If you have any questions, please contact Food Service Director Kath Farrar at (508) 866-6137 or farrark@carver.org.