



Carver Coyote Monthly Newsletter

December 2016



Veterans' Day Celebration at Carver Elementary School



(photos courtesy of Kathryn Gallerani, Wicked Local, Carver)

This year marked the 3rd Annual Veterans' Day Ceremony at CES. On this day, we had over 45 military veterans join us. Our students took part in honoring the veterans for their service by singing patriotic songs, reciting poems and sharing information about the meaning of Veterans' Day. As part of the ceremony, our veterans received a special American flag pin, certificate and flower. This year, the Girl and Boy Scouts joined us to give each veteran their gifts. After the ceremony, each veteran visited a classroom and shared with students their specific branch of the military, the part of the country or world in which they served, and other information about their service. A special thank you to our guest speaker Mr. Michael Wall. Also thank you to Mrs. Lopez, Mrs. Yenulevich, music teachers, Mrs. Giokas and Mrs. McLaughlin, Mr. Howard and the CES Advanced Band as well as all of the Carver Elementary students.

Carver Elementary School Construction Update

Construction crews are nearing the completion of the tree clearing near the EKW parking lot. Thank you to everyone for your patience and support during this time. We will continue to provide you with updates through automated phone calls, the SCHOOLWAY App, the school website and newsletters. If you have not already done so please download the school app, at www.myschoolway.com.

Topic of the Month: Kids and Tech-Tips for Parents

www.healthychildren.org/English/family-life/Media/Pages/Tips-for-Parents-Digital-Age.aspx

<http://time.com/4541118/screen-time-guidelines-kids-parenting/>

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Carver Elementary School
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Ruby Maestas, Principal
Paula Foley, Associate Principal
Tanya Duff, Associate Principal

IMPORTANT DATES:

Monday, 12/5/16	Picture Retake Day
Wednesday, 12/7/16	Early Release Day, 11:45 am dismissal. Lunches are not served.
Friday, 12/9/16	Report Cards Issued
Saturday, 12/10/16	PTO Winter Wonderland, 10-2
Monday, 12/12/16	School Committee Meeting, 7:00 pm,
Tuesday, 12/13/16	Building Committee Meeting, 7:00 pm, Carver Town Hall
Wednesday, 12/14/16	Winter Concert, 6:30 pm, CMHS Auditorium
Thursday, 12/22/16	Grade 1 Holiday Songfest, 12:20 - 1:00 pm, EKW Gym
Friday, 12/23/16	No School - Holiday Recess Begins
Tuesday, 1/3/17	School Reopens

NEXT GENERATION MCAS:

This spring Carver Elementary students in grades 3-5 will be participating in the Next Generation MCAS assessment. The ELA and Math assessments will be computer based. There will be a stronger alignment to the Massachusetts learning standards and new items on this assessment will more deeply assess both skills and knowledge. The grade 5 Science & Technology assessment will remain paper based. Testing dates for each grade level are as follows:

- Grade 3 ELA - April 4, 5, and 6
- Grade 4 ELA - April 11, 12 and 13
- Grade 5 ELA - April 25, 26 and 27
- Grade 3 Math - May 2-3
- Grade 5 Science & Technology - May 3-4
- Grade 4 Math - May 8-9
- Grade 5 Math - May 10-11



SPIRIT WEEK AND FOOD DRIVE

Each November the Carver Elementary School sponsors a food drive to benefit the Carver Council on Aging. This year, under the direction of grade 5 teacher Miss Chernicki, the students put a new twist on the tradition. The food drive was combined with our school-wide spirit week. In order to participate in the daily theme, students were asked to contribute a non-perishable food item. To add to the fun, Mrs. Kelley, CES Math Coach & Coordinator, organized the first grade students, along with some special helpers from grade 5 to count the items! “Counting, making groups of ten and tallying are all part of the grade 1 standards for understanding place value. I saw this as the perfect opportunity for our first graders to get some real-world experience with these

math skills, while playing a part in both the school spirit week and the greater Carver community,” Mrs. Kelley said. This year CES was extremely successful having collected **2786** items. With the support of parent volunteers, Peter Allegrini and Stephen Moore, the items were transported and donated to the food bank at the Carver Council on Aging just in time for Thanksgiving. On behalf of Carver Elementary School, a few students deserve a very special shout-out & thanks: Grade 5 Helpers: Kailyn Canale, Brayden Coelho, Georgia Carr,

Emily Eakins, Danny Furtado, Bradley Harrington, Jarred Lima, Lucas McGrail, Ali Perry, Billy Ray, Steven Sears, Ben Sylvester, Miss Chernicki, grade 1 students and their classroom teachers, Mrs. Kelley, Mr. Scarafone, Mr. Howard, and the staff at the Carver Council on Aging.

School-Spirit week also kicked off the 1st Annual Carver Coyote Turkey Trot! Physical Education teachers Ms. Renee DeMarsh and Mr. TJ Elder organized a ½ - 1 mile course around Mr. Paduch's cranberry bogs & solar farm. In the spirit of giving, the students donated change and small bills to purchase gift cards to benefit the Carver Food Pantry. Students in grades K, 1, and 2 trotted a half-mile while students in grades 3, 4, and 5 completed the one-mile trot! Preschoolers even sprung into action with a modified course! The top three fastest boys and girls times for each grade level will be recognized at an upcoming school assembly. We would like to thank Mr. Paduch for allowing us to use his property for this fun and fruitful Thanksgiving event. A total of \$363 was raised as a result! Thank you to everyone who contributed to this fund raiser.

FROM THE NURSE'S CORNER

Now that winter is upon us, please remember to provide your student with seasonally appropriate extra clothing in his/her backpack "just in case". If we need to call a parent from work to bring in a change of clothes due to bathroom accidents, food/drink spills, or puddles outside, this disrupts the student's day as well as creates a potential inconvenience for parents. The health offices have a very limited amount of clothing to supply students in need of a change. In addition, students tend to prefer and be more comfortable in their own clothing from home. Your help is appreciated!

10 Tips: Keeping Children Safe in Cold Weather

When temperatures drop, children need extra attention to stay warm, safe and healthy. Young children are less likely to recognize when they are cold and more likely to lose body heat quickly due to their smaller size. Here are some tips to protect children when the thermometer dips:

Think layers. Put several layers of clothing on your child and make sure their head, neck and hands are covered. Dress babies and young children in one more layer than an adult would wear.

1. **Beware clothing hazards.** Scarves and hood strings can strangle smaller children so use other clothing to keep them warm.
2. **Check in on warmth.** Tell children to come inside if they get wet or if they're cold. Then keep watching them and checking in. They may prefer to continue playing outside even if they are wet or cold.
3. **Use sunscreen.** Children and adults can still get sunburn in the winter. Sun can reflect off the snow, so apply sunscreen.
4. **Install alarms.** More household fires happen during the winter so make sure you have smoke and carbon monoxide alarms in your home.
5. **Get equipped.** Children should always wear helmets when snowboarding, skiing, sledding or playing ice hockey. Any sports equipment should be professionally fitted.
6. **Teach technique.** It takes time to master fun winter activities like sledding, so make sure children know how to do the activity safely.
7. **Prevent nosebleeds.** If your child suffers from minor winter nosebleeds, use a cold air humidifier in their room. Saline nose drops can help keep their nose moist.
8. **Keep them hydrated.** In drier winter air kids lose more water through their breath. Keep them drinking and try giving them warm drinks and soup for extra appeal.

9. **Watch for danger signs.** Signs of frostbite are pale, grey or blistered skin on the fingers, ears, nose, and toes. If you think your child has frostbite bring the child indoors and put the affected area in warm (not hot) water. Signs of hypothermia are shivering, slurred speech, and unusual clumsiness. If you think your child has hypothermia call 9-1-1 immediately.

Sources: Save the Children, American Academy of Pediatrics, University of Michigan Health System (<http://www.savethechildren.org/site/c.8rKLIXMGIpI4E/b.8953697>)

EKW PARKING LOT TRAFFIC PATTERN

Remember that traffic in the EKW parking lot, located to the right of the bus circle, is one way. When entering the parking lot you must take the first right and travel through the lot in a counterclockwise direction.

OFFICE HOURS WITH THE PRINCIPAL

Office Hours with the Principal are from 7:30-7:50 every morning and/or by scheduling a meeting. Also, to provide feedback, suggestions or comments regarding any/all aspects of our school day, there is a comment box located near the parent waiting area in the EKW building. Remember that if you are trying to reach the principal or one of the associate principals during the school day, we are throughout the school, getting to know all our students, conducting classroom walkthroughs, and supporting our teachers. If you leave us a message, we will make sure to get back to you within 24 hours. For emergencies, please do not hesitate to let our office administrative assistants know that you need to speak with one of us immediately.

CARVER ELEMENTARY SCHOOL PTO INFORMATION

Everyone is invited to join us Saturday December 10th for our annual Winter Wonderland Celebration, 10 am - 2 pm! Bring the family for free games and crafts, free face painting and performances by Big Ryan's Tall Tales. Take a chance at the Winter Wonderland Raffle where you could win a New Hampshire getaway, a ride to school with the Carver Fire Department (Thank you CFD!), gift cards to many local restaurants and much much more! Be sure to stop by the Bake Sale table and Holiday Shop while you wait for the big guy, Santa himself, to make an appearance!

Order from Square 1 Art? Items will be available for pick up Friday December 16th from 3:15-6:15 in the EKW lobby. Questions? email info@carverpto.org

Thank you to everyone for turning in their Box Tops for the November classroom contest. The top 3 classes for November 2016 are:

Mrs. Champignie's class with 194

Mrs. Lake's class with 127

Mrs. Steed's class with 108

Mrs. Champignie's class has won spirit sticks and a visit with Coco the Box Tops Monkey!

The December Box Tops collection date will be 12/20/16. Please make sure to turn in your Box Tops to your classroom teacher by that date. The December results will be announced in the January newsletter.

The PTO has a challenge for the Carver Coyotes-can your classroom collect the most Box Tops for the whole school year? If your class can do it, your class will win a special surprise in June. The top 3 classes as of December 1st are:

Mrs. Champignie's class with 706

Mrs. Steed's class with 691

Ms. Harkins' class with 504

Coyote Convenience will be open on 12/6/16 and 1/10/17. Please visit www.carverpto.org to make a shopping list. Please send your student with any money in a ziploc bag. Please email kristin.moore@carverpto.org with any questions or if you are available to volunteer.

CARVER PUBLIC LIBRARY

Holiday Pajama Storytime

Thursday, December 1 at 6:30 p.m. – Ages 10 and under. Kids come dressed in their PJs for stories, songs and related activity.

Holiday Window Painting

Saturday, December 3 at 11:00 a.m. – Ages 4 and up, must register.

Holiday Lego Challenge

Tuesday, December 6 at 6:30 p.m. – Ages 8 and up, must register.

Kid's Paint Night

Thursday, December 8 at 6:30 p.m. – Ages 8 and up, must register.

Ornament Making

Saturday, December 10 from 11:00 a.m. to 1:00 p.m. – All ages, drop-in. Make a memory or two for your tree!

Holiday Song Pop!

Tuesday, December 13 at 6:30 p.m. – Family and friend teams encouraged! Please register.

Dream Butterflies Release Party

Thursday, December 15 at 6:30 p.m. – Celebrate the release of a very special book by local author and illustrator team, Paul and Connie Kelly. Yes, this is the library's own Miss Connie and her husband! Come down to support the publication of their collaborative effort and say congratulations.

Elf Workshop

Saturday, December 17 from 11:00 a.m. to 2:00 p.m. – All ages, drop-in to make some special holiday gifts.

LUNCH MENU

			<u>Thursday, 12/1</u> Toasted Cheese Sandwich on wheat Cup of tomato soup Celery sticks w/dip Chilled pears Chicken Caesar Salad	<u>Friday, 12/2</u> Sal's Pizza Cheese or Buffalo Chicken Spinach Salad w/dressing Garlic Roasted chickpeas Chilled peaches
<u>Monday, 12/5</u> Chicken Fajitas Chicken & cheddar cheese Seasoned brown rice Salsa & bean dip Chilled pineapple	<u>Tuesday, 12/6</u> Meatballs in sauce Wheat Sub Roll Parmesan Cheese Side of Garden Salad w/dressing Fresh Apple Chicken Caesar Salad	<u>Wednesday, 12/7</u> Early Release Day Lunches are not served	<u>Thursday, 12/8</u> Chicken Nuggets Baked Potato Puffs Carrot Coins W/G Dinner Roll Chilled Fruit Cup Chicken Caesar Salad	<u>Friday, 12/9</u> Pizza Day Gilardi Stuffed Crust Cheese or Sausage Fresh Garden Salad with dressing Chilled pears
<u>Monday, 12/12</u> Deli turkey w/lettuce Wheat sub roll Baby carrots w/ranch dip Smartfood Delight Popcorn Fresh Banana Teriyaki Chicken Salad	<u>Tuesday, 12/13</u> Taco Tuesday Seasoned beef on a hard shell taco Shredded lettuce & cheddar cheese Salsa & bean dip Orange Wedges Teriyaki Chicken Salad	<u>Wednesday, 12/14</u> Popcorn Chicken Bites Regular or buffalo bites Baked Smiles Green beans Chilled Fruit Cup Teriyaki Chicken Salad	<u>Thursday, 12/15</u> Baked macaroni and cheese Side of spinach salad with dressing Warm Bread Stick Chilled blueberry cup Teriyaki Chicken Salad	<u>Friday, 12/16</u> Pizza Day Square W/G Pizza Cheese or pepperoni Fresh Caesar Salad w/dressing Chilled cinnamon applesauce
<u>Monday, 12/19</u> W/G French Toast Sticks w/syrup Baked sausage links Hash brown Cinnamon applesauce Chicken Bacon Ranch Salad	<u>Tuesday, 12/20</u> Hot dog in a wheat bun Regular or chili & cheese Side of BBQ baked beans Cape Cod Chips Fresh Apple Chicken/Bacon Ranch Salad	<u>Wednesday, 12/21</u> Chicken Tenders Whipped potatoes w/gravy Corn W/G Dinner Roll Chilled Peaches Chicken/Bacon Ranch Salad	<u>Thursday, 12/22</u> Pizza Day Whole Grain Slice Cheese or Bacon Fresh Garden Salad w/dressing Chilled pears	<u>Friday, 12/23</u> <u>No School</u> <u>Winter Recess Begins</u>

1. WG Bagel with cream cheese, cheese stick & salad
2. Garden Salad with dressing, cheese stick, croutons and fruit
3. Smucker's Uncrustable with side salad and fruit
4. Assorted WG cereals with cheese stick and fruit

Be sure your NutriKids account is updated. To register for Nutrikids, watch daily transactions, check balances and make online prepayments, please visit: www.myschoolbucks.com. At school prepayments: please make checks payable to: **CPS Meal Program**. Please include student id# on check.

Free and reduced applications are available on the school website (www.carver.org). Applications can be filled out anytime during the school year. Return completed application to: Carver Public Schools – Food Services, 3 Carver Square Boulevard, Carver, MA 02330. Contact Kathleen Farrar (farrark@carver.org) with any questions.

All meals include choice of milk
 (1% low fat or Tru-Moo fat free chocolate milk)
 A' la carte milk \$.50
 A' la carte water \$.75
 Lunch Price \$2.40

Our breads are Whole Grain Rich

In addition to their lunch, students are allowed to purchase 1 food item and 1 drink item unless parent notifies us otherwise.

BREAKFAST MENU

			<u>Thursday, 12/1</u> Apple/cinnamon muffin Fruit Milk or juice Assorted cereals	<u>Friday, 12/2</u> Banana muffin Fruit Milk or juice Assorted cereals
<u>Monday, 12/5</u> Strawberry/banana yogurt cup Graham Cracker Bites Fruit Milk or juice Assorted cereals	<u>Tuesday, 12/6</u> Blueberry muffin Fruit Milk or juice Assorted cereals	<u>Wednesday, 12/7</u> Mini pancakes Fruit Milk or juice Assorted cereals	<u>Thursday, 12/8</u> Apple/cinnamon muffin Fruit Milk or juice Assorted cereals	<u>Friday, 12/9</u> Chocolate chip muffin Fruit Milk or juice Assorted cereals
<u>Monday, 12/12</u> Strawberry yogurt cup Graham Cracker Bites Fruit Milk or juice Assorted cereals	<u>Tuesday, 12/13</u> Blueberry muffin Fruit Milk or juice Assorted cereals	<u>Wednesday, 12/14</u> Mini pancakes Fruit Milk or juice Assorted cereals	<u>Thursday, 12/15</u> Apple/cinnamon muffin Fruit Milk or juice Assorted cereals	<u>Friday, 12/16</u> Banana Muffin Fruit Milk or juice Assorted cereals
<u>Monday, 12/19</u> Strawberry/banana yogurt cup Graham Cracker Bites Fruit Milk or juice Assorted cereals	<u>Tuesday, 12/20</u> Blueberry muffin Fruit Milk or juice Assorted cereals	<u>Wednesday, 12/21</u> Mini pancakes Fruit Milk or juice Assorted cereals	<u>Thursday, 12/22</u> Apple/cinnamon muffin Fruit Milk or juice Assorted cereals	<u>Friday, 12/23</u> <u>No School</u> <u>Winter Recess Begins</u>

Breakfast Program

Available daily: Assorted gluten free cereals, milk & fresh fruit. We will also offer on alternating days: muffins and other breakfast pastries.

Breakfast will be free for approved eligible free students, \$.30 for approved eligible reduced students and \$1.65 for all others. If you have any questions, please call (508) 866-6230.