

CARVER/MIDDLE High School

November 6 ~ 17, 2017

Lunch is \$2.75 and .40 for Reduced
Breakfast is \$1.75 and .30 for Reduced

BREAKFAST AND LUNCH MENU

CAFÉ NEWS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFÉ NEWS
For optimum value and nutrition we encourage students to select a complete meal Protein, Whole Grains, Fruits & Vegetables & Milk	6 Buffalo Chicken Sub Fresh Broccoli Boat R.F. Chips Chilled Mixed Fruit Fresh Fruit	7 Cheeseburger on a Bun Lettuce & Tomatoes Oven Baked Fries Chilled Peaches Fresh fruit	8 <i>Wild Mike's Pizza</i> Garden Salad Roasted Chick Peas Chilled Pears Fresh Fruit	9 NO SCHOOL 	10 Veteran's Day NO School 	A-list snacks \$1.00 Ala Carte Milk .60 Milk choices from Garelick Farms Tru-Moo 1% White Both are Non GMO and Antibiotic Free
Bagel & Salad Station Include Cheese Sticks Protein Fruit & Vegetable Smucker's PBJ	13 Chicken Parmesan on a Bun Steamed Green Beans Chilled Applesauce Fresh fruit	14 Buffalo Chicken Bites Macaroni & Cheese Steamed Broccoli Chilled Pears Fresh Fruit	15 Papa Gino's (Cheese or Roni) Garden Salad Roasted Chick Peas Chilled Mixed Fruit Fresh Fruit	16 Tuna or Chicken Salad Sub Let/Tom & Pickles Spicy Spiral Fries Fresh Carrot Sticks Chilled Peaches	17 Chicken Patty on a Bun Cheddar Goldfish Cucumber Coins Chilled Sliced Apples	To make online payments and keep up to date, visit www.myschoolbucks.com There you can set-low balance alerts & watch your child's activity
Premium Salads \$4.00 A premium sized salad with Protein Pita Pocket Fruit & Milk Dressing	6 Greek Salad w/ Grilled Chicken	7 Greek Salad w/ Grilled Chicken	8 Assorted Salads	9 	10 	
	13 Chicken Teriyaki Salad w/ Mandarin Oranges	14 Chicken Teriyaki Salad w/ Mandarin Oranges	15 Assorted Salads	16 Chicken Caesar Salad	17 Chicken Caesar Salad	The Food Service Department is looking for Substitute Food Service workers. If interested call or email Kathleen Farrar farrark@carver.org (508) 866-6137
START YOUR DAY WITH BREAKFAST EVERY DAY!	Hot Breakfast Sandwich Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Assorted Breakfast Pastries Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Questions or comments? Contact Kathleen Farrar Director Food Services farrark@carver.org

The USDA is an Equal Opportunity Provider and Employer. All menus are subject to change due to availability of product.