



Carver Middle / High School Menus

February 27 ~ March 10, 2017

LUNCH COSTS \$2.65

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27-Feb	28-Feb	1-Mar	2-Mar	3-Mar
Sloppy Joe on a Bun	Chicken, Broccoli & Ziti Alfredo	PAPA GINO'S (Cheese orPepperoni)	Grilled Cheese & Turkey w/ Dijon Mustard	Chicken Patty on a Bun
Steamed Carrots	Dinner Roll	Salad/ Roasted Chick Peas	Fresh Celery Sticks	Lettuce & Tomatoes
Pretzels / Peaches	Sliced Apples	Chilled Strawberries	Smiley Fries/ Chilled Pears	<i>Goldfish Crackers</i>
Milk	Milk	Milk	Milk	Carrot Sticks
6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
Three Cheese Calzone	Breakfast for Lunch		Chicken Fillet on a Bun	SAL'S PIZZA
Spinach Salad	French Toast Sticks		Lettuce & Tomatoes	(white Garlic or Cheese)
Chilled Pears	Eggs w/ Cheese		<i>Harvest Sun Chips</i>	Salad w/ Roasted Chick Peas
Fresh Fruit	Hashbrown/ Orange Wedges		Chilled Applesauce	Chilled Peaches
Milk	Blueberries / Milk		Milk	Milk

FOR OPTIMUM VALUE AND NUTRITION, WE ENCOURAGE STUDENTS TO SELECT A COMPLETE MEAL

Premium Salad - \$3.75	<u>A premium sized salad with a 2 oz. protein (meat topping), pita pocket, fruit & milk</u>			
27-Feb	28-Feb	1-Mar	2-Mar	3-Mar
Chicken Caesar Salad	Chicken Caesar Salad	Assorted Salads	Crispy Chicken, Egg & Bacon Salad	Crispy Chicken Egg & Bacon Salad
6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
Teriyaki Chicken w/ Mandarin Oranges Salad	Teriyaki Chicken w/ Mandarin Oranges Salad		Buffalo Chicken w/ Celery Sticks Salad	Buffalo Chicken w/ Celery Sticks Salad

BREAKFAST COST \$1.65	Daily Breakfast options also include: Bagel, Cereal, Cereal Bars & Nutri-Grain Bars			
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Bacon, Egg & Cheese on Wheat Bagel	Bacon, Egg & Cheese on a Wheat Bagel	Assorted Breakfast Pastries	Bacon, Egg & Cheese on a Wheat Bagel	Bacon, Egg & Cheese on a Wheat Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
100% Juice Cup	100% Juice Cup	100% Juice Cup	100% Juice Cup	100% Juice Cup
Milk	Milk	Milk	Milk	Milk

Applications can be filled out anytime during the school year. Return completed application to school. If you have questions please call 508-866-6137 or farrark@carver.org

"This institution is an equal opportunity provider and employer"

DAILY ALTERNATE CHOICES

~ **BAGEL STATION** ~

Honey Wheat Bagel with cream cheese or margarine cup, cheese stick & sunflower seeds or soup of the day
Choice of salad or vegetable of the day

~ **SALAD STATION** ~

Fresh Salad w/dressing & pita pocket
Choice of 2 oz. protein (meat topping) or Soup of the day

~ **Smucker's Uncrustable Meal** ~

Includes vegetable of the day

ALL MEALS INCLUDE MILK & FRUIT

Tru-Moo Fat Free Chocolate

Dairy Pure 1% low fat

Ala Carte Milk .50

Our breads are Whole Grain rich

SOUP of the DAY:

Homemade Chicken

Homemade Beef

Tomato

Soup selection will be posted daily

Carver Middle/High School has a

NO CHARGE POLICY

To make on-line prepayments

& Register for NutriKids @

www.myschoolbucks.com

OR make checks payable to

CPS - Meals Program

Please include student ID on check

Free and Reduce Price applications

are available on our website

www.carver.org

