

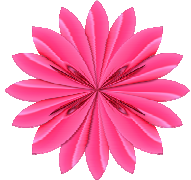




CARVER/MIDDLE High School

May 1st to May 12th 2017

BREAKFAST AND LUNCH MENU

Lunch is \$2.65 and .40 for Reduced
 Breakfast is \$1.65 and .30 for Reduced

CAFÉ NEWS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFÉ NEWS
For optimum value and nutrition we encourage students to select a complete meal Protein, Whole Grains, Fruits & Vegetables & Milk	1 Chicken Patty on a Bun <i>Harvest Sun Chips</i> Fresh Carrot Sticks Chilled Applesauce Fresh Fruit	2 Pulled B.B.Q. Pork on a Bun Smiley Fries Cucumber Coins Chilled Peaches Fresh Fruit	3 Chicken Parmesan w/ Rotini & Sauce Steamed Spinach Dinner Roll Chilled Mixed Fruit Fresh Fruit	4 Grilled Cheese Sandwich Corn on the Cob Fresh Celery Sticks Chilled Pears Fresh Fruit	5 SAL'S PIZZA (White Garlic or Cheese) Fresh Garden Salad Roasted Chick Peas Chilled Sliced Apples Fresh fruit	A-list snacks \$1.00 Ala Carte Milk .50 Milk choices from Garelick Farms Tru-Moo 1% White Both are Non GMO and Antibiotic Free
Bagel Station & Salad Station Include Cheese Sticks Protein Fruit & Vegetable Smucker's PBJ	8 American Chop Suey Side of : Green Beans Dinner Roll Chilled Peaches Fresh fruit	9 Chicken Caesar Wrap <i>R.F. Cheetos</i> Fresh Carrot Sticks Cookie Fresh Fruit	 Cheese or Roni Fresh Garden Salad Chilled Pears Fresh Fruit	11 Buffalo Chicken Patty on a Bun <i>R.F. Doritos</i> Fresh Celery Sticks Chilled Mixed Fruit Fresh Fruit	12 Early Release No Lunch Served 	To make online payments and keep up to date, visit www.myschoolbucks.com There you can set-low balance alerts & watch your child's activity
Premium Salads \$3.75 A premium sized salad with Protein Pita Pocket Fruit & Milk Dressing	1 Crispy Chicken, Bacon & Egg Salad	2 Crispy Chicken, Bacon & Egg Salad	3 Assorted Salads	4 Buffalo Chicken & Celery Salad	5 Buffalo Chicken & Celery Salad	
	8 Grilled Chicken Craisins & Sunflower Seeds Salad	9 Grilled Chicken Craisins & Sunflower Seeds Salad	10 Chicken Teriyaki & Mandarin Orange Salad	11 Chicken Teriyaki & Mandarin Orange Salad	12 	The Food Service Department is looking for Substitute Food Service workers. If interested call or email Kathleen Farrar farrark@carver.org (508) 866-6137
START YOUR DAY WITH BREAKFAST EVERY DAY!	Hot Breakfast Sandwich Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Assorted Breakfast Pastries Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Hot Breakfast Sandwich Fruit 100% Juice Cup	Questions or comments? Contact Kathleen Farrar Director Food Services farrark@carver.org

The USDA is an Equal Opportunity Provider and Employer. All menus are subject to change due to availability of product.